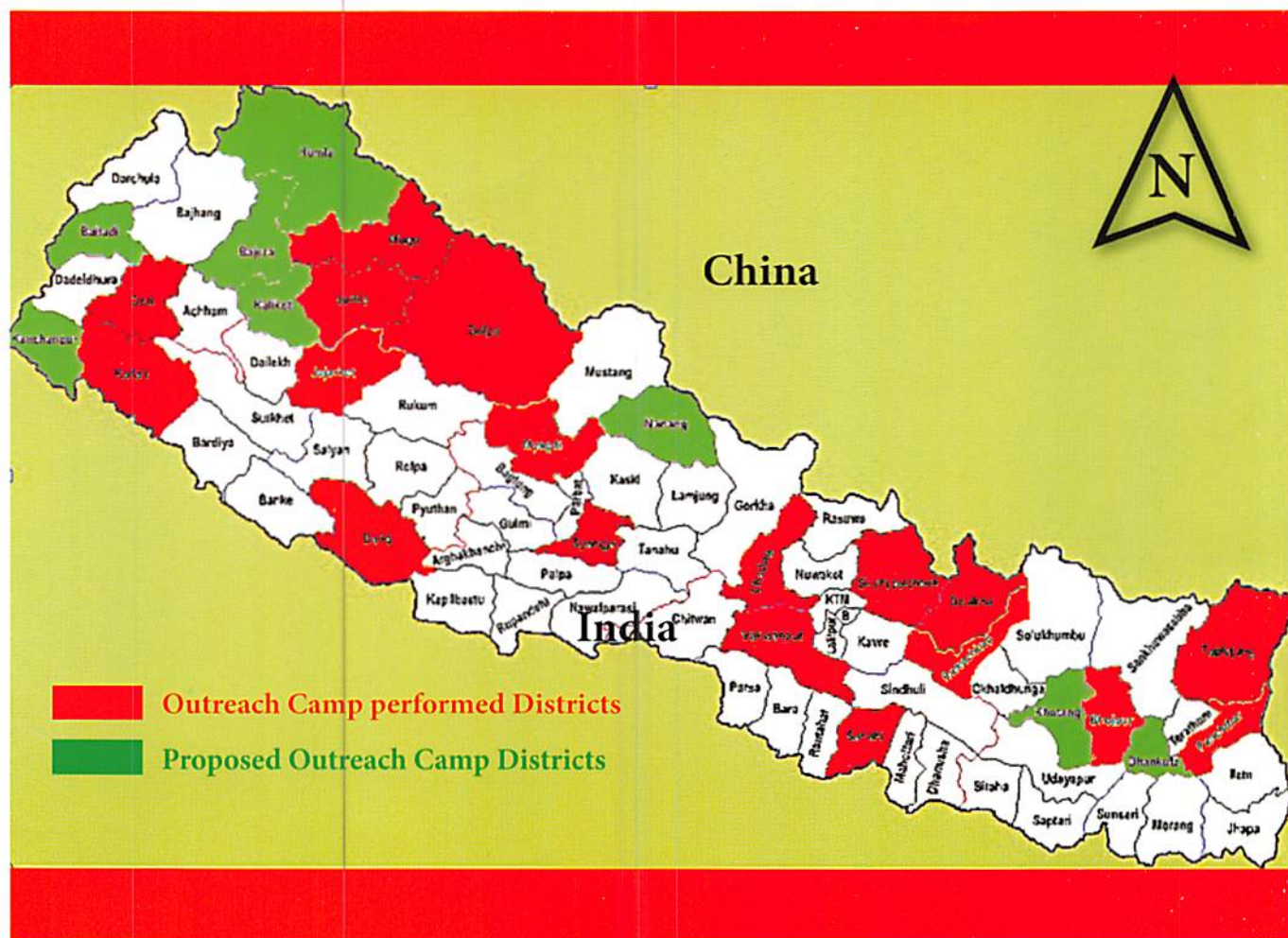


ANNUAL REPORT
2016



Nepal Orthopaedic Hospital

CENTER OF EXCELLENCE FOR ORTHOPAEDIC AND TRAUMA CARE



PITKAR'S RING & RAIL FIXATOR SYSTEM

Pioneers in External Fixation in India

ORTHO SUV

- New Generation Computer Assisted Six Axis Device
- Precise Fracture Reduction
- Single Stage Deformity Correction

Ring Fixator Adult & Paediatric

Watch for Skill Enhancement Programs

Rail Fixator

Pediatric Rail Fixator

Walking the talk... since 1960

S. H. PITKAR
ORTHOTOOLS PVT. LTD.

VISSCO

COMFORTING PAIN SINCE 1963

SPINAL PRODUCT RANGE

Uni-loc

Pedicular Screw System

Trigen

Low Profile Pedicular Screw System

MOD-CLIP

Modern Cervical Locking Plates

Octosys

Lateral Mass System

MINILOK

Small Anatomy System

Walking the talk... since 1960

S. H. PITKAR
ORTHOTOOLS PVT. LTD.

ORTHO ENTERPRISES

Contact us: Naxal, Kathmandu, Nepal | Tel: 014423412 | Email: info.mlt@wlink.com.np

NDA NEPAL ORTHOPAEDIC HOSPITAL

MANAGEMENT COMMITTEE

Mr. Mohan Maharjan
Chairman

Mr. Bharat Timilsina
Member

Mr. Yagya Prasad Upreti
Member

Mr. Shiva Chandra Shah
Member

Dr. Pramod Bahadur Shrestha
Member

Mr. Jeeban Kumar Shrestha
Member

Mr. Piyush Bajra Bajracharya
Member

Ms. Sushama Sharma
Member

Dr. Rajesh Maharjan
Member Secretary

Mr. Luc Salens
Honorary Advisor

KHAGENDRA NEW LIFE CENTER

Jorpati-04, Kathmandu Nepal, Tel: 00977-1-4911725, 4911274, 4910505

E-Mail: neporth@mos.com.np, Website: www.noh.org.np

Congratulations

NEPAL ORTHOPAEDIC HOSPITAL

For

Completing 18 Years of Selfless Service !!!

and

Striving to be one of the best trauma and orthopaedic care centers in Nepal

ROTARY CLUB OF PATAN

District 3292, Club No. 23126, Patan, Lalitpur

NOH Staff

S.N.	Name	Degination	S.N.	Name	Degination
Administrative Staff					
1	Dr. Rajesh Maharjan	Medical Director	10	Mr. Sitaram Dangal	Office Assistant
2	Mr. Shyam Psd Rupakheti	Chief Administrator	11	Ms. Sujita Singh	Office Assistant
3	Ms. Meena Gurung	Matron	12	Ms. Puja Bhattarai	Office Assistant
4	Mr. Saroj Satyal	Sr. Account Officer	13	Mr. Himel Singh Lama	Office Assistant
5	Mr. Ghanashyam Neupane	Housekeeper	14	Ms. Sajani Pudasaini	Office Assistant
6	Ms. Sangita Thakuri	Office Assistant	15	Mr. Dil Bd. Thapa	Sr. Driver
7	Mr. Suman Bhandari	Office Assistant	16	Mr. Badri Khadka	Sr. Driver
8	Ms. Harikala Kandel	Office Assistant	17	Mr. Ramu Khanga	Driver
9	Mr. Bivek Kr. Pokharel	Office Assistant			
Doctors					
1	Dr. Rajesh Maharjan	Medical Director	9	Dr. Rachit Sharma	Orthopaedic Surgeon
2	Dr. Saju Pradhan	Sr. Consultant Orthopaedic Surgeon	10	Dr. Rajiv Prasad Shrestha	Orthopaedic Surgeon
3	Dr. Yubaraj Kharel	Sr. Consultant Orthopaedic Surgeon	11	Dr. Sujan Man Singh	Orthopaedic Surgeon
4	Dr. Kailash Kumar Bhandari	Sr. Consultant Orthopaedic Surgeon	12	Dr. Anil Ghimire	Orthopaedic Surgeon
5	Dr. Chhatra Krishna Shrestha	Sr. Consultant Anaesthesiologist	13	Dr. Mandeep Karki	Orthopaedic Surgeon
6	Dr. Mukti Nath Timilsina	Consultant Orthopaedic Surgeon	14	Dr. Yogesh Bajracharya	Orthopaedic Surgeon
7	Dr. Prakash Gyawali	Resistrrar Orthopaedic Surgeon	15	Dr. Dinesh Kumar Pandit	Orthopaedic Surgeon
8	Dr. Suneel Badgami	Resistrrar Anaesthesiologist	16	Dr. Sujit Shrestha	Medical Officer
Nursing Staff					
1	Ms. Meena Gurung	Matron	22	Ms. Sita Dahal	Staff Nurse
2	Ms. Suman B.C.	Sister	23	Ms. Sushma Thakuri	Staff Nurse
3	Ms. Regina Dhakal	Sister	24	Ms. Niranjana Poudel	Staff Nurse
4	Ms. Anita Gurung	Sister	25	Ms. Rashmi Shrestha	Staff Nurse
5	Ms. Kalpana Pant	Sr. Staff Nurse	26	Ms. Pratistha Thapa	Staff Nurse
6	Ms. Meena Thapa	Sr. Staff Nurse	27	Ms. Babita Karki	Staff Nurse
7	Ms. Rolina Karki	Sr. Staff Nurse	28	Ms. Preeti Gurung	Staff Nurse
8	Ms. Srijana Sapkota	Sr. Staff Nurse	29	Ms. Amrita Badal	Staff Nurse
9	Ms. Sita Tripathi	Sr. Staff Nurse	30	Ms. Deepa Raut	Staff Nurse
10	Ms. Anita Budathoki	Staff Nurse	31	Ms. Swastika Gautam	Staff Nurse
11	Ms. Santoshi Mali	Staff Nurse	32	Ms. Samikshya Bhandari	Staff Nurse
12	Ms. Reniya Shrestha	Staff Nurse	33	Ms. Anupa Subedi	Staff Nurse
13	Ms. Tara Ghimire	Staff Nurse	34	Ms. Ravisha Khatiwada	Staff Nurse
14	Ms. Kalpana K.C.	Staff Nurse	35	Ms. Poonam Gurung	Staff Nurse
15	Ms. Manju Raut	Staff Nurse	36	Ms. Manita Devi Karki	Staff Nurse
16	Ms. Sabina Hamal	Staff Nurse	37	Ms. Rashmita Chhetri	Staff Nurse
17	Ms. Merina Karki	Staff Nurse	38	Ms. Shristi Shrestha	Staff Nurse
18	Ms. Kaushalyawati Thapa	Staff Nurse	39	Ms. Sunita Itani	Staff Nurse
19	Ms. Sony Lama	Staff Nurse	40	Ms. Pratima Gautam	Staff Nurse
20	Ms. Luna Bhattraai	Staff Nurse	41	Ms. Amrita Lama	Staff Nurse
21	Ms. Anita Gurung	Staff Nurse	42	Ms. Radha Maharjan	Staff Nurse



Paramedical Staff (Physiotherapy, Radiology, Pharmacy, Emergency, Clinical Laboratory)

S.N.	Name	Degination
1	Mr. Ramesh Sada	Physiotherapy In-charge
2	Mr. Manish Kumar Dawadi	Physiotherapist
3	Mr. Alok Kumar Jha	Sr. Assistant Physiotherapist
4	Ms. Goma Thapa	Assistant Physiotherapist
5	Mr. Narendra Kr. Chaudhary	Sr. Radiographer
6	Mr. Amit Kumar Gautam	Radiographer
7	Mr. Ratna Bdr Shahi	Radiographer
8	Mr. Sushil Maharjan	Dark Room Operator II
9	Mr. Shyam Maharjan	Dark Room Operator II
10	Mr. Bikash Joshi	Dark Room Operator II
11	Ms. Bina Upadhyaya	Sr. Pharmacy Assistant
12	Ms. Radhika Khagi	Sr. Pharmacy Assistant

S.N.	Name	Degination
13	Mr. Chandra Jyoti Shakya	Pharmacy Assistant
14	Mr. Dinesh Basnet	Sr. CMA (Pharmacy)
15	Mr. Subindra Shakya	Sr. Pharmacy Helper
16	Mr. Laxman Gyawali	Sr. CMA
17	Mr. Kailash Chandra Lama	Sr CMA
18	Mr. Kedar Raj Giri	Sr CMA
19	Mr. Sudeep Chalishe	Sr CMA
20	Mr. Suman Silwal	Sr. Lab Technician
21	Mr. Pawan Kumar Chhetri	Lab Technician
22	Mr. Ram Shrestha	Lab Assistant
23	Mr. Dhurba Giri	Sr. Electrician
24	Mr. Som Pd. Upadhaya	Sr. Biomedical technician
25	Mr. Ramesh Sapkota	Plumber/Maintenance

Housekeeping Staff

1	Ms. Sabitri Dulal	Sr. CSSD Assistant
2	Mr. Rajan Dulal	Helper I
3	Mr. Dharma Das Chaudhari	Helper I
4	Ms. Til Maya Gautam	Helper I
5	Ms. Parbati Karki	Helper I
6	Mr. Nayandra Baral	Helper II
7	Mr. Lok Nath Badal	Helper II
8	Ms. Pabitra Timilsina	Helper II
9	Mr. Surath Bdr. Thapa	Helper II
10	Mr. Bishnu Bdr. Magar	Helper II
11	Mr. Ram Krishna Raut	Helper II
12	Ms. Krishna K. Ghimire	Helper II
13	Mr. Devlal Pode	Helper II
14	Mr. Arjun Nagarkoti	Helper II
15	Ms. Kumari Majhi	Helper II
16	Mr. Manahari Dahal	Helper II
17	Mr. Dharma Raj Ghimire	Helper II

18	Mr. Rama Damai	Helper II
19	Mr. Gopal Pudasaini	Helper II
20	Ms. Radhika Acharya	Helper II
21	Mr. Kedar Nath Poudel	Helper II
22	Ms. Ajita Karki	Helper II
23	Mr. Bhakta Bdr. Karki	Helper II
24	Ms. Ramila Shrestha	Helper II
25	Ms. Rama Pandit	Helper II
26	Ms. Meena Choudhari	Helper II
27	Ms. Saraswati Chalishe	Helper II
28	Mr. Bharat Kr. Lama	Helper II
29	Ms. Saraswati Uprety	Helper II
30	Mr. Leela Nath Pokhrel	Helper II
31	Ms. Laxmi Chaulagain	Helper II
32	Ms. Yemu Maya Magar	Helper II
33	Ms. Brinda S. Bhandari	Helper III

NOTICE !!!

Nepal Orthopaedic Hospital has no official agent or individual designated to collect funds or donations on its behalf. Reports of misappropriation of funds taken in the name of Nepal Orthopaedic Hospital cannot be verified. Thus please donate or give funds directly to the hospital through administration to avoid such mishaps.

our address for correspondence is

NDA-NEPAL ORTHOPAEDIC HOSPITAL

Khagendra New Life, Jorpati-04, Kathmandu, Nepal

Tel: 00977-1-4911725, 4911274, 4911505, Fax: 00977-1-4911467

E-mail: neporth@mos.com.np, Website: www.noh.org.np

Message from the Chairman



Nepal Disabled Association

Khagendra New Life Centre, Jorpati, Kathmandu

Estd: 1969 AD

Founder Chairman: Late Khagendra Bahadur Basnyat

Ref.

Date:

Executive Committee

Mr. Mohan Maharjan
Chairman

Mr. Chandra Pd. Timilsina
Vice Chairman

Mr. Bharat Timsina
Vice Chairman

Mr. Yagya Prasad Uprety
Secretary General

Mr. Nandakishwor Mahaseth
Treasurer

Mr. Shiv Prasad Dahal
Vice Secretary General

Mr. Bibek Khadkha
Vice Treasurer

Members

Mr. Gajendra Kumar Lama
Mr. Girdhar Shrestha
Ms. Laxmi Subedi
Mr. Indra Kumar Jha
Mr. Bhabukjang Thapa
Mr. Gopal Shrestha
Ms. Bhuma Chaudhary
Mr. Rhishi Chapagain
Mr. Dharma Raj Ojha
Mr. Chatra Bdr. Badaila
Mr. Tika Prasad Kandel
Mr. Ratna Bdr. Khadkha
Mr. Netra Prasad Koirala

Ex. Officio Members

Mr. Dhanaju Shrestha
Mr. Shivchandra Shah
Mr. Bholasingh Hamal
Mr. Shreeman Neupane
Mr. Dipak Bhandari

NDA, NOH is a specialized orthopaedic trauma centre dedicated in providing boundless quality service to all the community, tribes, castes and diversity of people living across the country, in an affordable and charitable way. Our success is due to the enormous effort exerted by the panel of the passionate, skilful, knowledgeable and committed workforce. Indeed we have reached two decades with fabulous stories of success.



At NOH, the selection of service is not only provided indoor but also outdoor with the acceleration of Health Camps in different rural areas of Nepal in certain timetable and follow-up providing the needy people, orthopaedic services with general education of awareness and humanity. I would like to thank those all committed workforce, local bodies whose presence made the NOH outdoor programs very successful and reliable to the needy people.

NOH is a team of well-versed, committed and senior consultant who comprehend the need of the orthopaedic patient, their family and as well as the sponsors. Our smooth service, counselling approach gives every orthopaedic patient a better option to help them make a prudent decision.

It is my great pleasure to be the Chairman of NDA, NOH and I had a great responsibilities. I would like to acknowledge the Nepal Disabled Association, all the NOH Board Directors, Board Members, Staff, Sponsors and well-wisher whose emotion towards humanity and quality services made the current NOH.

As well, in the upcoming days we will come up with the new plans, the designed quality of service, modernized, computerized well equipped new facility building and various outreach programs pointed towards the rural areas.

We are and we will remain as a connection.

Mohan Maharjan
Chairman
Nepal Disabled Association
Nepal Orthopaedic Hospital

Nepal Disabled Association Khagendra New Life Centre, Khagendra Marg Jorpati, Kathmandu Nepal.

P.O. Box: 2001, Phone: 977-1-4910923, 01-4912107

E-mail : info@nda-nepal.org.np / nepaldisabledassociation@yahoo.com <http://www.nda-nepal.org.np>

Message from the Medical Director

TOGETHER WE CAN

I would like to take this opportunity to thank all my dear staff, board members, national and international donors, and well-wishers for making 2016 a sensational year for Nepal Orthopaedic Hospital. We devoted our time and effort into recovering, regrouping and strengthening our team and extensively planning for further infrastructure development.

I feel proud to inform that we were able to provide a total amount of Rs. 5963370 as charity to our underprivileged patients. We were still actively treating the patients who had unfortunately been injured in the earthquakes or aftershocks of 2015. Some earthquake victims needed revision surgeries while others needed their implants to be removed, all were done from partial to full charity depending upon the financial need.



We have put our sincere efforts in expanding and enhancing our services. We have started polyclinic (physician, Radiology, Cardiology and Psychiatry) services as the evening OPD, backed by USG/ Echo facilities. The new emergency room which was highly anticipated became operational this year; fulfilling a 100 bedded hospital's must have criteria. Finally, we added a sophisticated BMD diagnostic tool in our armoury.

We have regularly been conducting outreach surgical camps to uplift the health status of our remote villages. This year, we have successfully conducted numerous OPD orthopaedic camps in major earthquake stricken areas as well as routine surgical camps in Jajarkot, Ramechhap, Taplejung, and Myagdi.

Our priority future projects are digitalization (paperless) of the hospital records and activities, expansion of the hospital infrastructure, sophisticated water treatment plant, state-of-the-art modern equipments, more academic activities and beautification of the hospital premises.

I am privileged to serve at NOH because everyone at the hospital is absolutely committed to honoring our founding principles of serving the poor and needy. As a parting note, I would like to say again that I am grateful to all of you who are constantly supporting our cause and motivating us to achieve more; together we can.

Dr. Rajesh Maharjan
Medical Director
Nepal Orthopaedic Hospital

Message from the President a.i.



Service Above Self

ROTARY CLUB OF PATAN

District 3292

Club No. 23126

Chartered 29 August 1985

Rotary Club of Patan
President's Message



One of the lessons of Rotary is that One Person Can Make A Difference. A single person's enthusiasm and dedication can be the driving force in making a difference in our community. I see examples of this in my Club as well as in Nepal Orthopedic Hospital (NOH).

I would like to take this opportunity to congratulate Nepal Orthopedic Hospital (NOH) family for having completed another successful year. With each passing year, NOH is getting closer to achieving its vision of providing affordable orthopedic and trauma care to poor and destitute population of the Country.

In only eighteen years of operation, NOH has been able to establish itself as an affordable and reliable medical service provider in the Country. Furthermore, the hospital's recent programs has made it increasingly self-reliant and capable of providing orthopedic services to a large and varied population.

Rotary Club of Patan is proud to be associated with such an excellent organization. As propounded by Rotary International President Ian H.S. Riseley, "Rotary: Making a Difference", we as Rotarians are always striving to work together to make this world a better, healthier and safer place through our various humanitarian projects. We believe that today's world needs heroes, not celebrities since heroes are the ones that can make a difference in our society.

Last but not the least, I must congratulate Dr. Anil Bahadur Shrestha for establishing the hospital and successfully running it as Medical Director for ten years. Likewise, I must thank Dr. Saju Pradhan for his five years of dedicated work as Medical Director. Also, I wish all my best to the new Medical Director, Dr. Rajesh Maharjan, to carry out his job successfully and responsibly so that he can make a lasting difference in our community.

Finally, I would also like to assure you that Rotary Club of Patan will continue its support and cooperation to Nepal Orthopedic Hospital and the new Medical Director as has been done in the past.

Yours in – Rotary – Service,

Rtn. Chandralekha Kayastha
President 2017 – 18
Rotary Club of Patan
Rotary International District 3292

Meeting Venue: Summit Hotel, Kopundole Height, Email: rcpatandistrict3292@gmail.com
Facebook: <https://www.facebook.com/RotaryClubPatan/>



MAJOR EVENTS IN 2016

Hospital Anniversary

18th hospital anniversary was celebrated on 29th Shrawan 2073 (12th August 2016) in hospital auditorium amidst a formal program. The program was attended by board members, hospital staff and was chaired by the chairman Mr. Mohan Maharjan. Dr. Anil B Shrestha, the past founding director, as a guest speaker, emphasized on more commitment from the staff and shared his happy moments in the hospital. All the attendants also distributed food and fruits to the admitted patients. OPD consultation was made free on that day.



Celebrating 18th Hospital Anniversary

January 26, 2016

Dr. Katrin Hagen, an old friend of NOH, has donated an ultrasound machine for anaesthesiologists. The machine will aid in regional anaesthesia and will be used extensively in the operation rooms and NOH's surgical camps. Dr. Hagen has been working hand in hand with NOH since the beginning of the hospital.



Very happy Dr Chhatra

February 16, 2016

Dr. Anil Bahadur Shrestha, the founding medical director of NOH has resigned from the current post of senior consultant orthopaedic surgeon. He has played an instrumental role from the inception of NOH to expansion of the hospital's infrastructure and its services. During his 10 years of directorship NOH has grown from a 16 bedded left along building to 75 bedded sophisticated tertiary center for orthopaedic services.

In the tearful farewell program, he shared the difficulties and hardship during his directorship. One of



Thank You & Good Bye Dr Anil

the oldest staff, presented him a token of love. He has promised to support NOH in whatever possible way. In the program various speakers expressed their love and respect to Dr. Anil and remembered his devotion to NOH.

May 1, 2016

130th International Labour day was celebrated on May 1 in the hospital auditorium amidst a function. The program was attended by the hospital board chairman Mr Mohan Maharjan, hospital staff, and union members. Speakers highlighted the rights of the staff and their responsibilities. This year's theme has been "Celebrating the international labour movement". Emphasis was given on every staff's duties to uplift the hospital services.

May 12, 2016

The Grand Circle Foundation, USA has been supporting NOH during and after devastating earthquake of 2015. Their monetary help during the calamity, helped NOH to provide its services to the earthquake victims totally free. They have been supporting continuously since then. The USG/ECHO machine is a symbolic gift to enhance NOH services.



Handover of USG/ECHO machine

June 8



Much awaited new Emergency ward was finally Inaugurated on June 8th 2016, combinely by NOH hospital Board chairman Mr Mohan Maharjan and Mr Binay Lal Shrestha, son of late Mrs. Mahadevi. It has been named Mahadevi Emergency after the main donor. The ER room is equipped with 10 beds and all modern facilities. It fulfills one of the major criteria of a 100 bedded hospital. The hospital hopes to provide more efficient service from this facility.

Visit by Chinese delegates

A 3-member team of distinguished faculty members from Nanjing Medical University (NMU) has visited NOH on 4th December. Various aspects of symbiotic activities were discussed during the meeting. Another high level delegation will visit the hospital later to formulate the action plan. During the meeting, empahasis was given in doctors exchange programs and fellowship programs. The Chinese team was led by Assisstant Professor Mr Zheng Yu, Vice Dean of NMU.



MD welcoming Chinese delegation

**We wish Nepal Orthopaedic Hospital all the best.
We are proud to be associated with NOH as its business partner.**

Day Pharma Pvt. Ltd.
Kuleshwor, Kathmandu, Nepal
Phone: 01-4286780

July 26

The hospital observed the 7th anniversary of Nepal orthopaedic Hospital employee union on July 26 2016. The event was celebrated with a formal program. Various speakers expressed their views on

role of the union in bridging the gap between the hospital staff and the management. Lunch was served after the completion of program.

RO Water System

NOH now has a brand new RO system installed and has already become operational. The water it produced has been found to be germ free and drinkable. This will minimise our expenditure in buying drinking water. The system will be incorporated in the main water treatment plant later. The project was generously funded by Mr Luc Salens, a Belgian Rotarian, and his fellow Rotarians.



Ro water system

New Set Of Solar Batteries

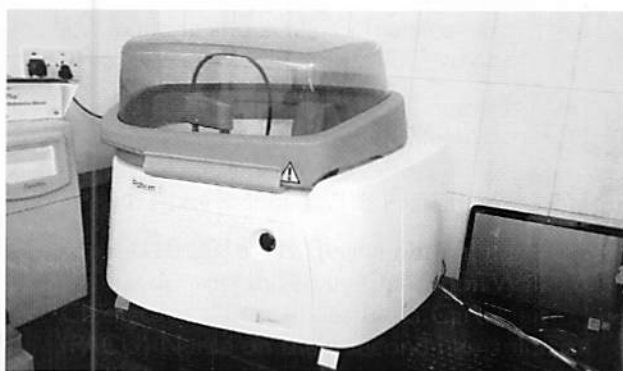
A set 16 solar batteries have replaced the old ones. Solar energy is our back up power to computers and sophisticated equipments like Xrays, USG/ECHO, and BMD. This alternative source of energy has been proven to be very protective during incessant power fluctuations and load shedding. The project was funded by Mr Luc Salens and his Rotarian friends.



Thank you Luc

Fully Automatic biochemical Analyser

A brand new fully Automatic Biochemistry Analyser will be a new addition to our Laboratory. The machine is an Italian made and is capable of performing 200 tests of 30 individuals in 1 hour. As the human involment is much lesser, error margins are significantly lower. The running cost of the analyser is 3 times cheaper the semi-automatic machine we are using now, according to the lab-incharge Mr Pawan K Chhetri.



Fully Automatic biochemical Analyser

**We wish Nepal Orthopaedic Hospital all the best.
We are proud to be associated with NOH as its business partner.**

Jupiter Trading Concern
Tripureswor, Kathmandu, Nepal
Phone: 9851066035

Team from Neverrest UK

The team Neverrest, led by DR. Rohan Rajan and Dr. Marshall Partington held a surgical camp in NOH from October 23-28, 2016. In the camp they examined 34 OPD patients and operated on 5 patients. The team visits to NOH every year since last 3 years. They are specialized in pediatric orthopedic surgery.

Dr Katrin Hagen and NOH surgical camps

Dr Katrin Hagen, the renowned Swiss hand surgeon has been actively involved in surgical camps in remote places of Nepal since last 10 years. The principle objectives of such camps are to provide orthopaedic and hand surgical care to underprivileged people and thus limiting deformity, which would otherwise burden the society. Nepal Orthopaedic Hospital is honored to have partnered with her in such a noble cause since the beginning. We look forward to work hand in hand with Dr Katrin forever. The financial assistance provided by Dr Hagen in such camps is supported by R C St. Moritz, and Med-Solutions Foundation, Switzerland. In 2016, we held such surgical missions in Ramechhap, taplejung and Jajarkot.



Congratulations Dr Katrin

Dr. Yubaraj Kharel appointed DMD

Dr. Yubaraj Kharel has been appointed as the Deputy Medical Director by the hospital board meeting, held on 21st December 2016. Dr. Kharel has been employed since last 19 years and currently holds post of Senior Consultant Orthopaedic surgeon. He has special interest in spinal surgery.



NEW DMD

Operation Walk Chicago

24 cases were successfully operated by the Operation Walk Chicago (OWC), led by Dr David Stullberg and Dr Victoria Brander from 14 Nov to 19th 2016. The team comprised of 17 members. The Op Walk Chicago has been helping NOH since last 8 years. The long term goal of OWC is to develop NOH as the arthroplasty center of of the country.



Concluding ceremony of OP WALK arthroplasty camp

OPD Patients: More than 10 patients
 Surgery: 16 patients TKR, 1 Patient THR
 Unilateral TKR: 8
 Bilateral TKR: 8
 Unilateral THR: 1

Name of Personnel from OP walk team:

S. David Stulberg, MD- Director
 Victoria Brander, MD- Director
 Scott Cordes, MD-surgeon
 Ravi Bashyal, MD-surgeon
 Lalit Puri, MD-surgeon

William Gilligan, MD-surgeon
 Johnny Lee, MD-anaesthesia
 Odell Woods- OR coordinator
 Eliot Rosado- RN-OR
 Luis Sanchez Perez- RN-OR
 Elizabeth Cumpian- RN-PACU
 Marie Albarillo- RN-Floor
 Johnntay Macklin- Central Processing Technician
 Robert Johnson- Physical Therapy
 John Brennan- Stryker Representative
 Jane Guzman- Administration
 William Sarocco- Legal Counsel

OPD CAMPS

Jhapa Opd Camp

About: Jhapa is an inner-Terai district in Mechi zone of south-eastern Nepal. Under the new federal division, the district lies in Province No. 1. The district is divided into 37 Village Development Committees (VDC) and 8 municipalities. The latest official data, 2011 Nepal Census, puts the total population of the district at 812,650. An inhabitant of Jhapa is known as a Jhapali. The district headquarters is Bhadrapur.

Location: Jhapa is the easternmost district of Nepal and lies in the fertile Terai plains. It is bound by Ilam in the north, Morang in the west, the Indian state of Bihar in the south and another Indian state of West Bengal to the southeast and east. Geographically, it covers an area of 1,606 km² (620 sq mi).

Climate: Jhapa observes moderate climate complexion as it lies in the Indo-Gangetic plain and Churia low hills. Though due to close proximity to the lower Himalaya, the weather is calm throughout the year. Seasonal monsoon is well distributed across the district. The temperature is highest during May through September, though winter is not extreme, keeping aside fogging during mornings. Climatic variation is not extreme; however, the southern parts of districts are warmer than the northern ones.

Camp Date: September 24-25, 2016 (Ashwin 8-9, 2073)
FIRST DAY OPD CAMP September 24, 2016 (Ashwin 8, 2073)

Free OPD consultation with free medicines

No. of patient : 423

Male : 199

Female : 224

Place: Jalthal, Jhapa

Team Members

Dr. Rajesh Maharjan	- Medical Director
Shyam Rupakheti	- Administration chief
Dr. Mandeep Karki	- Orthopaedic Surgeon
Dr. Anish Gyawali	- Orthopaedic Surgeon
Chandra Jyoti Shakya	- Pharmacy Assistant

SECOND DAY OPD CAMP September 25, 2016 (Ashwin 9, 2073)

Free OPD consultation with free medicines

No. of patient : 194

Male : 113

Female : 81

Place: Bhadrapur, District Prison Office (Consultation of prisoner), Jhapa

Dukuchap OPD Camp

Overview

Place: Dukuchhap Health Post, Dukuchhap, Lalitpur

Organized by: Nepal Orthopaedic Hospital, Jorpati

Sponsored by: Rotary Club of Lalitpur

Coverage area: Dukuchhap VDC and nearby areas.

Date: March 17, 2016

NOH Team

1. Dr. Rajesh Maharjan (Medical Director, Sr. Consultant Orthopaedic Surgeon, NOH)
2. Dr. Saju Pradhan (Sr. Consultant Orthopaedic Surgeon, NOH)

3. Dr. Mandeep Karki (Orthopaedic Surgeon, NOH)
4. Dr. Yogesh Bajracharya (Orthopaedic Surgeon, NOH)
5. Mrs. Meena Gurung (Nursing Chief, NOH)
6. Mrs. Octavia Pladet
7. Mr. Bivek Kumar Pokharel (Administrative Staff, NOH)
8. Mr. Chandra Jyoti Shakya (Pharmacist, NOH)
9. Mr. Ramu Mandal (Driver)

Purpose Of The Camp

1. To provide free and comprehensive orthopaedic and trauma care to the poor patients who are not able to come to Kathmandu for their treatment.
2. To enhance public awareness about the damage prevention measures after trauma thereby preventing deformity and disability.
3. Free OPD check-up and distribution of medicines- all free of cost to the patients.
4. To introduce Nepal Orthopaedic Hospital as a center for excellence in orthopaedic and trauma management.

Acknowledgement

We would like to express our sincere thanks to all the local health workers/ volunteers, staffs, security personnel, local administrators and the entire community for their active involvement and participation.

Sindhupalchowk OPD Camp

Place: District Hospital, Sindhupalchowk, chautara

Date: January 23, 2016

Organizers:

- Nepal Orthopaedic Hospital
- District Hospital, Sindhupalchowk, chautara
- Lions club of Kathmandu Jorpati
- District scout office, Sindhupalchowk

Total OPD patients: 351

Place: Chilauneghari, Sera

Date: January 24, 2016

Organizers

- Nepal Orthopaedic Hospital
- Lions Club of Kathmandu Jorpati
- Mangal Health post

Total OPD Patient: 1273

Tokha OPD Camp

Place: Balpremi Khelkud mandal, Tokha

Organizer:

- Nepal Orthopaedic Hospital
- Balpremi Khelkud Mandal

Total OPD Patient: 318

Bandipur OPD Camp

Place: Bandipur Hospital, Bandipur

Organizer:

- Nepal Orthopaedic Hospital
- Rotary club of Lalitpur
- Bandipur Hospital, Bandipur

Total OPD Patient: 248

SURGICAL CAMPS

Beni, Myagdi Surgical Camp

NOH has been regularly organizing free surgical health camps throughout the rural parts of Nepal. One of the goals of NOH is to reach out to the people in need of orthopedic care and treatments in rural and inaccessible parts of the country through health camps. Nepal Orthopedic Hospital successfully organized a free surgical health camp in District Hospital, Beni, the district headquarter of Myagdi in the western region from 15 to 17 April 2016, sponsored by Borken Rotary Club, Lions Club Borken and Sorooptimist International (Germany). Mr. Remy Eunhaus has played an instrumental role in organizing the camp.

It is 303 km from Kathmandu. The health camp was intended to provide free medical and surgical Orthopaedic services to locals from the four surrounding districts, Myagdi, Parbat, Mustang and Baglung.

On 14 April 2016, a team of 12 members, led by Dr. Yubaraj Kharel landed in Pokhara airport at 09:00 am and other 2 members joined the team at Pokhara. It was about 3 hours drive from Pokhara and finally reached Beni by 1:30 pm.

The local partners welcomed us on April 14th, 2016. And, by 2:00 pm, doctors started examining patients

till 06:00 pm and screened patients to schedule surgery for next day. Nurses started setting up Operation Theater and required logistics. We were able to check 44 patients and collected 13 cases for surgery next day.

There was a formal welcome and inauguration program on April 15th 2016. The Chief District Officer of Myagdi district and Dr. Yubaraj Kharel, jointly inaugurated the camp with enthusiasm and promised to provide the Orthopaedic health service to as many people as possible through the camp. It was overwhelming to see large number of people queued; there were several patients who walked all the day to make it to the camp, and had heard about the camp through radio, television and newspaper.

We were able to check 320 patients from 1 year to 78 years with various orthopedic ailments. The major problems that were diagnosed were Degenerative spine diseases, osteoarthritis of knee joint, congenital deformities (syndactyly, clubbed foot, hemimelia), acquired deformities (cubitus valgus, madlung's deformity, cubitus varus, flexion deformities of fingers). We also successfully operated 13 patients and applied posterior slabs in two patients having fractures and injected local steroids in 14 patients.

On the second day, the first case of the day started with corrective osteotomy for non-union fracture lateral condyle of right humerus with cubitus valgus deformity in 15 years old female child. We checked 300 patients, injected local steroids in 14 patients and completed 14 surgeries within 08:00 pm.

On the final day for checkup, we had more pressure as it was the last day and we did not want to leave any patients untreated. The morning passed by, so did the day, by the end of the day we completed the queue, we performed 9 surgeries with one long leg cast applied for fracture tibia in a 4 year male child and local steroid injections in 7 patients. We finished early at 5 pm, than packed our logistics to leave the other day.

That same night, the local community organized a thanks giving and farewell program to our team. In the program, the local social workers appreciated the work we did, and thanked us for being there to

support the locals in rural districts of Nepal. Many other locals thanked us at the same time and also requested us, to come again and carry out similar free health camps to provide required orthopedic care for the locals who would never dream to afford the same. Our team leader, Dr Yubaraj Kharel also thanked the local partners, community members for supporting the cause, and appreciated each individual's role in successful completion of the camp. He also expressed NOH's keen interest in coming back to the community with similar camps though the resources and logistics remained a big challenge.

Through our three days of health camp, we were able to check 750 out patients mostly having problems related to degenerative spine disease, osteoarthritis of hip and knee joint, mechanical low back pain, fibromyalgia, bursitis, chronic osteomyelitis, diabetic neuropathy, osteoporotic pain, post trauma deformity and joint stiffness, post-operative joint stiffness and complications, frozen shoulder, tennis elbow, golfer's elbow, trigger finger, Dupuytren's contracture, planter fasciitis, ganglion, non-union of fractures, congenital deformities-syndactyly, clubbed foot, and performed 36 surgeries among them, applied 3 cast/slab for fresh trauma cases and 35 steroid injections for tennis elbow, frozen shoulder, planter fasciitis, ganglion, Dequervain's tenosynovitis, osteoarthritis of knee, keloid and tendon enthesopathy. We were also able to distribute all required medicines as prescribed and investigations as advised for free of cost.

The success of this camp was possible because all the team members were committed to the cause and worked continuously and Mr. Alex and his friends' commitment and contribution to the camp.

Ramechhap Surgical Camp

Place: PHC, Manthali, Ramechhap.

Organized by: Nepal Orthopaedic Hospital, Jorpati

Sponsored by: R C St. Moritz, Switzerland

Local Partner: District Health Office, Ramechhap
Ramechhap, Chamber of Commerce and Industry (BCCI)

Primary Health Center, Ramechhap, Manthali.

Coverage area: Ramechhap District and nearby areas.
Duration: 27th Jan to 2nd Feb, 2016 (including 27th Jan and 2nd Feb travelling time)

Surgical team

Dr. Saju Pradhan (Sr. Consultant Orthopaedic Surgeon, Team Leader, NOH)

Dr. Katrin Hagen (Hand Surgeon, Switzerland)

Dr. Sunil Badgami (Registrar Anesthesiologist, NOH)

Dr. Mukti Timilsina (Consultant Orthopaedic Surgeon, NOH)

Dr. Prakash Raj Bhandari (Orthopaedic Surgeon, NOH)

Dr. Anil Ghimire (Orthopaedic Surgeon, NOH)

Mrs. Meena Gurung (Nursing Chief, NOH)

Mrs. Anita Gurung (Nursing Officer, NOH)

Ms. Anita Gurung (Staff Nurse, NOH)

MS. Merina Karki (Staff Nurse, NOH)

Ms. Sony Lama (Staff Nurse, NOH)

Ms. Bina Upadhaya (Pharmacist, NOH)

Logistical Support Team

Mr. Suman Bhandari (Administrative Staff)

Mr. Arjun Nagarkoti (OT Helper)

Mr. Dil Bdr. Thapa (Driver)

Mr. Badri Khadka (Driver)

Purpose Of The Camp

- To provide free and comprehensive orthopaedic and trauma care to the poor patients who are not able to come to Kathmandu for their treatment.
- To enhance public awareness about the damage prevention measures after trauma thereby preventing deformity and disability.
- To provide free surgeries such as deformity correction, fresh trauma, hand and reconstructive surgery and implant removals.

Free OPD check-up and distribution of medicines- all free of cost to the patients.

- To introduce Nepal Orthopaedic Hospital as a center for excellence in orthopaedic and trauma management.

Acknowledgement

NOH is immensely grateful to Dr. Katrin Hagen for her humanitarian work in raising funds to conduct free health camps. Similarly, NOH is very thankful to R C St. Moritz, Switzerland for sponsoring this free orthopaedics and trauma camp.

We are also grateful to all the local stakeholders for making this project successful. We would like to express our sincere thanks to all the local health workers/ volunteers, staffs, security personnel, local administrators, journalists and the entire community for their active involvement and participation, particularly Dr. Pushpa Raj Adhikari, the local resident doctor of the Primary Health Center and his team for the help provided to manage patients. Last but not the least; we would like to thank Tamakoshi Community Hospital for allowing the use of their radiology services.

Introduction

A surgical camp in Ramechhap Since the inception, Nepal Orthopaedic Hospital (NOH) has been providing quality orthopaedic and trauma care to the needy and underprivileged people of the country. This camp at PHC Manthali, Ramechhap was organized by Nepal Orthopaedic Hospital with the financial assistance from Dr. Katrin Hagen with R C St. Moritz, Switzerland.

Ramechhap falls under Janakpur Zone, The district, known as Kirat Ramechhap, with Manthali as its district headquarters, covers an area of 1,546 km² and has a population of 202,646 and a density of 137.4 per km². The district has the highest population of endangered native group the Kusundas and the Majhis (indigenous tribes who have been marginalized).

Brief Overview of Surgical Camp

Day 1

The team left Kathmandu on 27th, Jan 2016 early morning 7:00 AM, from NOH, Jorpati. Two jeeps belonging to NOH took all the team members on a five hour journey to Manthali. A huge truck had already left for Manthali with all the medical equipment including anaesthesia machines and generators and beds and surgical equipment a day before. That same afternoon, the Operation theater and a post-operative ward was set up in a tent with ten beds and mattresses.

Day 2

Next day 150 OPD patients were seen and some patients were admitted for surgery and free medicines

were distributed. 9 surgeries were done and a list was prepared for the surgery next day.

Day 3

More OPD patients were seen and 14 surgeries were done.

Day 4

Even more patients were seen and 14 more surgeries were conducted. Many children with burn contractures and hand deformities were seen. As the set-up was not very ideal, complicated surgeries were avoided and these patients were referred to NOH. They were promised of free traveling cost and surgery.

Day 5

14 more surgeries were conducted. Long queues of patients were seen and given free consultation and free medications.

Day 6

6 surgeries were done and OPD consultation was limited till the afternoon and pack-up was done. All camp material was brought down to the waiting truck for returning to NOH.

Day 7

Returned to Kathmandu by road.

Summary of procedures and cases

Total Surgeries: 57 Male: Female: 24:33

Procedures: 2 (Closed reduction and cast application)

Refer to NOH: 2 cases

Total OPD patients: 1054

Total Steroid Injections: 116

Knee IA Injections: 56

Shoulder IA Injections: 13

Tennis Elbow: 31

Plantar Fasciitis: 6

Ganglion Aspiration and Steroid injection: 5

Baker's Cyst Aspiration and Steroid Injections: 5

Conclusion

Our Surgical camp at Ramechhap was a great success as we were able to meet our expectation. Ramechhap and Manthali was a good choice to conduct the camp as there were many needy patients.

Taplejung Surgical Camp

Place: District Hospital, Taplejung, Phungling

Organized by: Nepal Orthopaedic Hospital, Jorpati

Sponsored by: R C St. Moritz, Switzerland

Local Partner: District Health Office, Taplejung

Nepal Red Cross Society, Taplejung

Primary Health Center, Taplejung.

Coverage area: Taplejung District and nearby areas.

Duration: 6th November to 10th November, 2016 (including 4th November and 11 and 12th November travelling time)

Surgical team

Dr. Kailash Bhandari (Sr. Consultant Orthopaedic Surgeon, Team Leader, NOH)

Dr. Katrin Hagen (Hand Surgeon, Switzerland)

Dr. Samyukthya Acharya (visiting consultant Anesthesiologist, NOH)

Dr. Prakash Gyawali (Registrar Orthopaedic Surgeon, NOH)

Dr. Rachit Sharma (Orthopaedic Surgeon, NOH)

Dr. Anil Ghimire (Orthopaedic Surgeon, NOH)

Mrs. Meena Gurung (Matron, NOH)

Mrs. Regina Dhakal (Nursing Officer, NOH)

Mrs. Manju Rauth (Staff Nurse, NOH)

Miss. Rashmi Shrestha (Staff Nurse, NOH)

Miss. Amrita Badal (Staff Nurse, NOH)

Mr. Dinesh Basnet (Pharmacist, NOH)

Logistical Support Team

Mr. Suman Bhandari (Administrative Staff)

Mr. Arjun Nagarkoti (OT Helper)

Mr. Badri Khadka (Driver)

Purpose Of The Camp

To provide free and comprehensive orthopaedic and trauma care to the poor patients who are not able to come to Kathmandu for their treatment.



Taplejung camp team

To enhance public awareness about the damage prevention measures after trauma thereby preventing deformity and disability.

To provide free surgeries such as deformity correction, fresh trauma, hand and reconstructive surgery and implant removals.

Free OPD check-up and distribution of medicines- all free of cost to the patients.

To introduce Nepal Orthopaedic Hospital as a center for excellence in orthopaedic and trauma management. To provide orthopedic training in the setting of acute trauma management to district health doctors and paramedics.

Acknowledgement

NOH is grateful to Dr. Katrin Hagen for all her work in raising funds to conduct free health camps. Similarly, our sincere gratitude to R C St. Moritz, Switzerland for sponsoring this free orthopaedics and trauma camp. We are also thankful to all the

local stakeholders, Miss Maya Gurung in particular, for making this project successful.

We would like to express our sincere thanks to all the local health workers/volunteers, staffs, security personnel, local administrators, journalists and the entire community for their active involvement and participation. We would also like to thank Dr Uttam, the MD GP and his team of the district hospital for the help provided to conduct the camp smoothly.

Introduction

Nepal Orthopaedic Hospital has been doing free surgical camps in different remote districts since a long time. This camp was organized by Nepal Orthopaedic Hospital and Dr Katrin Hagen (R C St. Moritz, Switzerland) at district hospital Taplejung.

Taplejung is the mountainous district of Province No. 1 situated in northeastern Nepal. The district covers 3,646 km² (1,408 sq mi). The 2011 census counted 127,461 populations.

The name Taplejung is derived from the name Taple and the word jung. Taple was the medieval Limbu king who used to rule the area and jung in the Limbu language means fort. Literally, Taplejung means Fort of King Taple.

The Tamur River flows through the district. The area is famous for Kanchenjunga – the third highest mountain in the world. The district is one of the most beautiful areas in eastern Nepal with spectacular landscapes, Himalayan peaks and a wide range of flora and fauna. Alpine grassland, rocky outcrops, dense temperate and subtropical forests and river valleys make up the region.

Day 1

The team left Kathmandu on 4th, November 2016 early morning 7:00 AM, from NOH, Jorpati. They boarded on flight to Bhadrapur ; by 2 pm all the team members set up for 5 hours drive to Phidim. The next morning after a quick breakfast, the logistic team hired next set of 2 jeeps and all team members made on a 4 hours drive to reach Taplejung.

A truckload of medical equipment including anaesthesia machines and generators, surgical beds and surgical equipment had already left for Taplejung couple of days before. After lunch, the Operation Theater was set up and a post-operative ward was set up in the district hospital.

Day 2

Next day OPD patients were seen and screened for surgery and some patients were admitted for surgery and free medicines were distributed. Around One hundred and fourty patients were seen that day and 3 surgeries were done and some patients were arranged for surgery the next day.

Day 3

More patients were seen and 10 surgeries were done. Dr Katrin Hagen along with photographer Mr Min Bajracharya joined the team and assisted doctors to screen and consult hand cases

Day 4

More OPD patients were examined and 13 more surgeries including conservative cast application were

conducted. Many children with burn contractures and hand deformities were screened.

Day 5

16 more surgeries were conducted. Long queues of patients were seen and given free consultation and free medications.

Day 6

14 surgeries were conducted, started from 8 am and was limited to 2 pm

All camp material was reloaded to the waiting truck for returning to NOH.

Day 7

The team returned to Bhadrapur by road and flew back to Kathmandu by air the next day.

Summary of procedures and cases

Total OPD cases: 578

Total Surgeries: 56 (48 Male: 8 Female)

Procedures: 5 (Closed reduction and cast application)

ORIF with plating for volar bartons #: 1

CRPP/ORIF with k wire for #d3 radius and metacarpal #: 2

Corrective Osteotomy for Cubitus Varus Deformity: 3

Excision of Rudimentary Digits for Polydactyly: 5

Post Burn Contracture release and Z plasty: 3

Trigger Release :3

Hardware Removal: 12

Irrigation and Drainage: 2

Lumpectomies: 17

TA contracture Release: 2

Neglected Tendon Transfer and Repair: 1

Referral to NOH: 5 cases

Total OPD patients: 578

Total Steroid Injections: 130

Knee IA Injections: 30

Shoulder IA Injections: 30

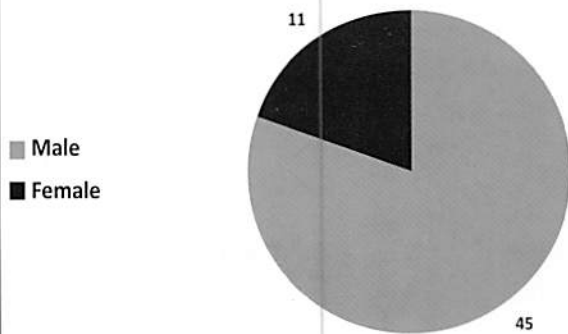
Tennis Elbow: 30

Plantar Fasciitis: 10

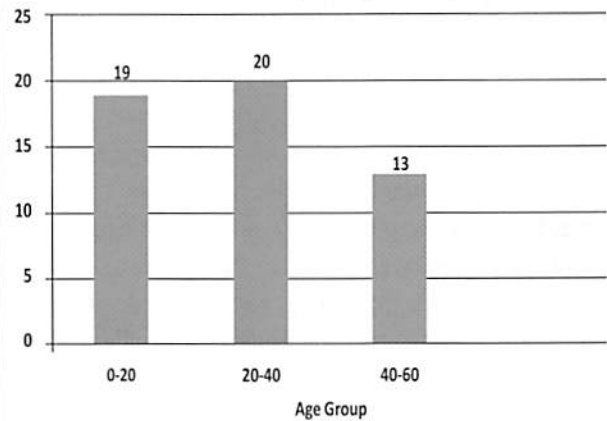
Ganglion Aspiration and Steroid injection: 20

Baker's Cyst Aspiration and Steroid Injections: 10

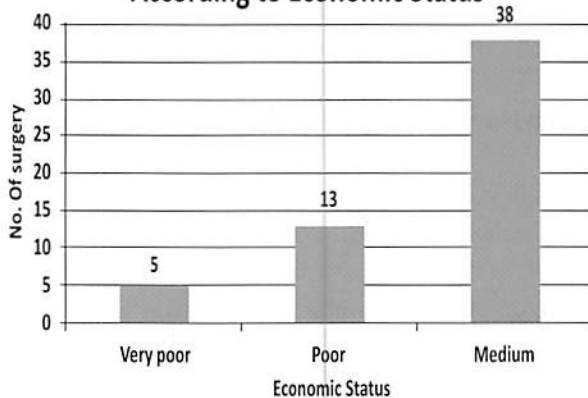
Demographic Distribution of Operated Patient According To Sex



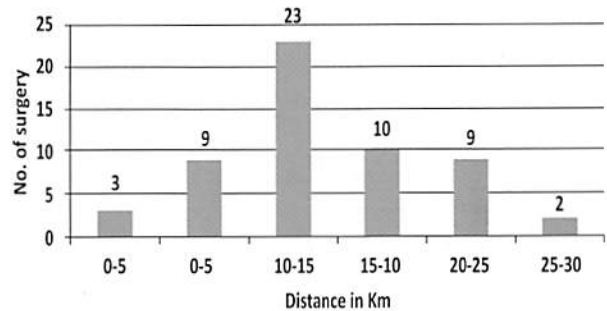
Demographic Distribution of Operated Patient According to Age Group



Demographic Distribution of Operated Patient According to Economic Status



Demographic Distribution of Operated Patient According to Distance (In Km)



KAN



Kumar Dahal
Chief Executive

KAN INTERNATIONAL
240/50, Ramshah Path,
Thapathali, Kathmandu,
Nepal



+977 1 4101545



+977 9851036162



kannepal@gmail.com



kannepal.com.np



kannepal

Medical • Equipment • Surgical • Dental • LAB

Conclusion:

Our Surgical camp at Taplejung was a great success, we were able to provide corrective surgeries, treat orthopaedic ailments and distribute free medicines to the needy people.

Jajarkot Surgical Camp

Place: PHC, Jajarkot, Khalanga.

Organized by: Nepal Orthopaedic Hospital, Jorpati

Sponsored by: R C St. Moritz, Switzerland

Local Partner: District Health Office, Jajarkot

Primary Health Center, Jajarkot.

Coverage area: Jajarkot District and nearby areas.

Duration: 1st April to 6th April, 2016 (including 31st March and 7th April travelling time)

Surgical team

Dr. Rajesh Maharjan (Sr. Consultant Orthopaedic Surgeon, Team Leader, NOH)

Dr. Katrin Hagen (Hand Surgeon, Switzerland)

Dr. Samyuktha Acharya (Registrar Anesthesiologist, NOH)

Dr. Prakash Gyawali (Registrar Orthopaedic Surgeon, NOH)

Dr. Rachit Sharma (Orthopaedic Surgeon, NOH)

Dr. Sujan Man Singh (Orthopaedic Surgeon, NOH)

Mrs. Anita Gurung (Nursing Officer, NOH)

Mrs. Manju Raut (Staff Nurse, NOH)

Mrs. Luna Bhattarai (Staff Nurse, NOH)

Miss Kalpana KC (Staff Nurse, NOH)

Ms. Sony Lama (Staff Nurse, NOH)

Mrs. Radhika Khagi (Pharmacist, NOH)

Logistical Support Team

Mr. Soraj Satyal (Administrative Staff)

Mr. Ram Hari Baral (OT Helper)

Mr. Dil Bdr. Thapa (Driver)

Purpose Of The Camp

To provide free and comprehensive orthopaedic and trauma care to the poor patients who are not able to come to Kathmandu for their treatment.

To enhance public awareness about the damage prevention measures after trauma thereby preventing deformity and disability.

To provide free surgeries such as deformity correction, fresh trauma, hand and reconstructive surgery and implant removals.

Free OPD check-up and distribution of medicines- all free of cost to the patients.

To introduce Nepal Orthopaedic Hospital as a center for excellence in orthopaedic and trauma management.

Acknowledgement

First and foremost, NOH is grateful to Dr. Katrin Hagen for her remarkable work in raising funds to conduct free health camps. We are also thankful to R C St. Moritz, Switzerland for sponsoring this free orthopaedics and trauma camp.

We want to express our sincere thanks to Mr. Rajeev Shah and to all the local health workers/ volunteers, staffs, security personnel, local administrators, journalists and the entire community for their active involvement and participation for making this project successful. We are also thankful to Dr. Bom, the senior medical officer of the district hospital and his team for the help provided to make the camp successful.

Introduction

Nepal Orthopaedic Hospital has been conducting free surgical camps in various remote districts since last 15 years. This camp was organized by Nepal Orthopaedic Hospital in collaboration with R C St. Moritz, Switzerland at PHC Manthali, Ramechhap.

Jajarkot falls under Bheri Zone, The district, with Khalanga as its district headquarters, covers an area of 2,230 km² and has a population of 171,304 and a density of 77 per km².

Day I

The team left Kathmandu on 31st, March 2016 7:00 in the morning, from NOH, Jorpati. We boarded a flight to Nepaljung; by 11 a.m. all the team members set up for 4 hours drive to Salyan. As the bridge connecting Salyan to Khalanga still remained under construction and as the ferry, which helped to cross the Bheri River, was broken down. Hence all our crews had to abandon the hired jeeps to walk across the swinging bridge carrying all our luggages and medical equipments. The next set of 3 hired jeeps took the team to Khalanga. A truckload of medical equipments including anaesthesia machines and generators, beds and surgical equipment had already left for Khalanga couple of days before. That same afternoon, the Operation theater and a post-operative ward was set up in the district hospital.

Day 2

Next day overwhelming number of 200 OPD patients was examined and free medicine was distributed and patients were admitted for surgery. We were able to perform 14 surgeries. More patients were admitted for next day's surgery.

Day 3

We performed 13 surgeries and more patients were examined in OPD.

Day 4

12 more surgeries were performed. Many children with burn contractures and hand deformities were seen and operated.

Day 5

13 more surgeries were conducted. Long queues of 450 patients were seen and given free consultation and medications.

Day 6

We were able to execute 19 surgeries on the last day of the camp and OPD consultation was limited till

the afternoon as pack-up had to be started. All the materials were carried down to the waiting truck for returning to NOH.

Day 7

The team returned to Nepalgunj by road, spent a night in there and flew to Kathmandu next day.

Summary of procedures and cases:

Total Surgeries: (71) Male: Female = 41:30

Procedures: 6 (Closed reduction and cast application)

Refer to NOH: 4 cases

Total OPD patients: 1569

Total Steroid Injections: 150

Knee IA Injections: 50

Shoulder IA Injections: 30

Tennis Elbow: 20

Plantar Fasciitis: 10

Ganglion Aspiration and Steroid injection: 13

Baker's Cyst Aspiration and Steroid Injections: 7

Conclusion:

Our Surgical camp at Jajarkot was a great success, with overwhelming support from the local doctors, volunteers. Jajarkot was a good choice to conduct the camp as there were many needy patients.

We wish Nepal Orthopaedic Hospital all the best.
We are proud to be associated with NOH as its business partner.

Kageshwori Trade Concern
Tripureshwor, Kathmandu, Nepal

We wish Nepal Orthopaedic Hospital all the best.
We are proud to be associated with NOH as its business partner.

Karnali Pharmaceuticals Pvt. Ltd.
Chhetrapati, Kathmandu, Nepal
Phone: 01-4253962

Staff Recruitment

Doctors :

- Dr. Dinesh Pandit

Staff Nurse:

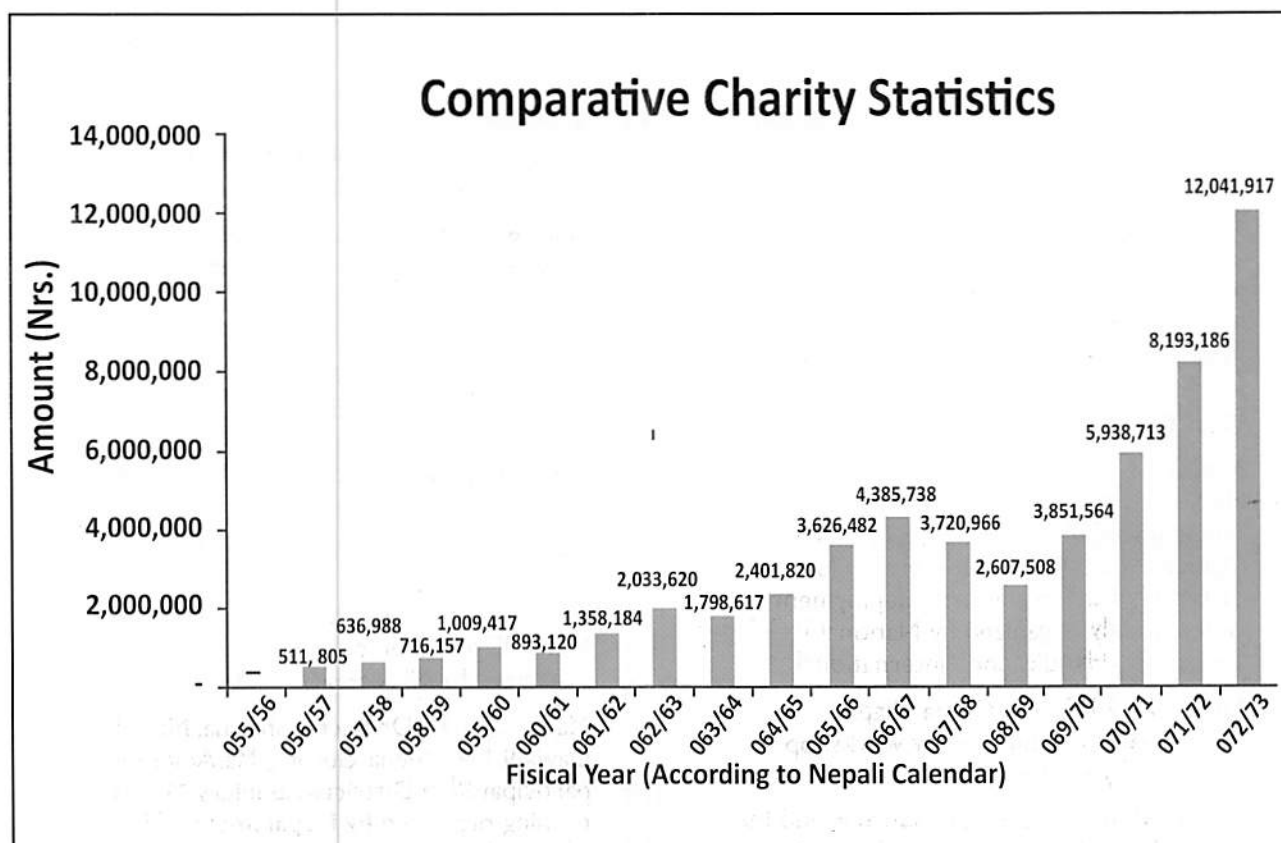
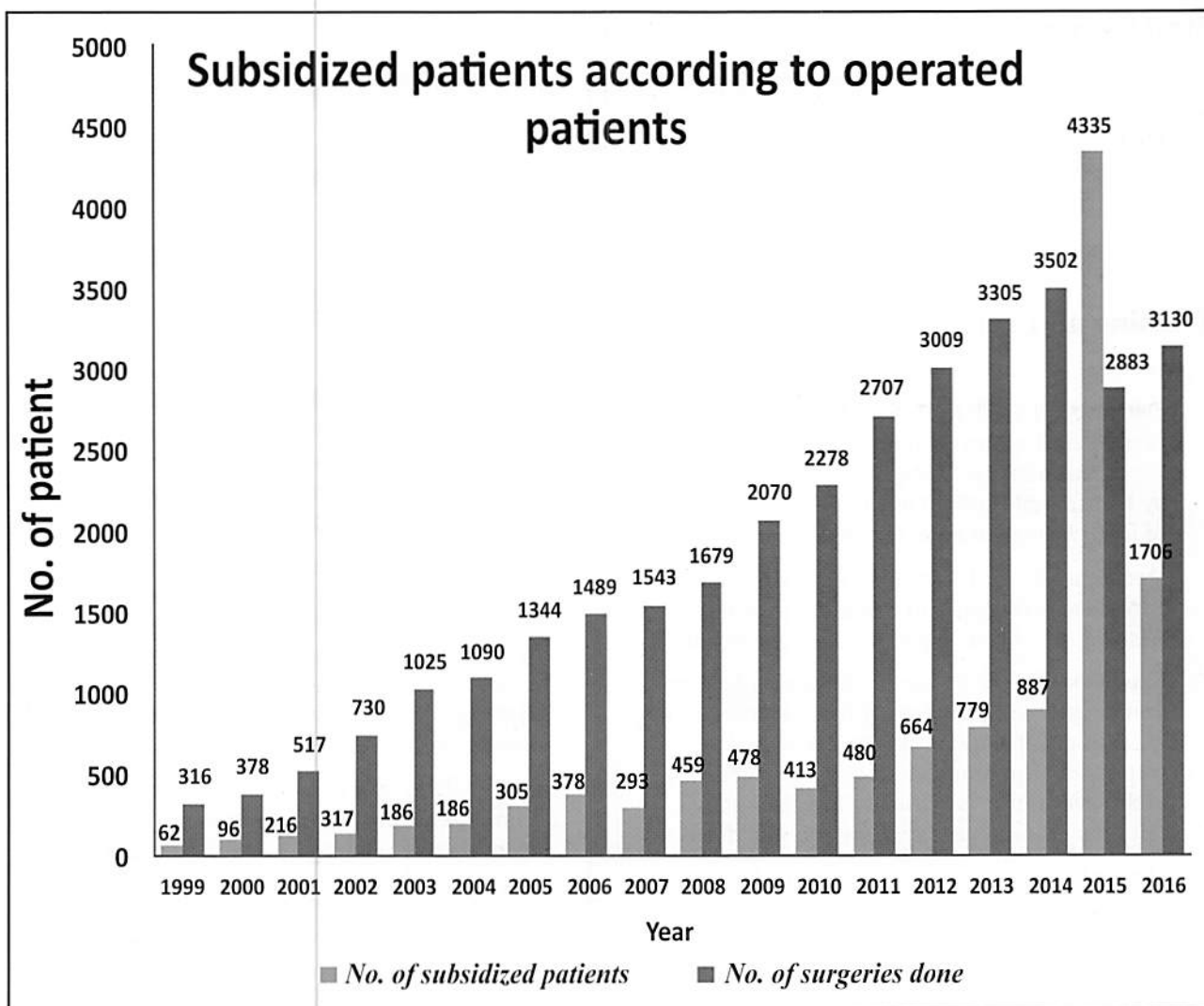
- Shristi Shrestha
- Sunita Itani
- Pratima Gautam
- Radha Maharjan

Office Assistant:

- Puja Bhattarai
- Himal Singh Lama
- Sajani Pudasaini

Training and seminars

- December 15, 2016: Dr. Saju Pradhan participated in Revision of national list of essential medicine organized by Ministry of health, Department of Drug Administration (DDA).
- December 11 to December 18, 2016: Dr. Rajiv Shrestha Participated in Indian Orthopaedic Association annual Conference organized by
- November 25-29, 2016: Mr. Shyam Rupakheti participated in Strengthening the Health Sector Response Capacity of Ministry of Health to respond to the humanitarian health needs in the event of mass casualty incidents in Kathmandu organized by Save the Children
- November 4 and 5, 2016: Ms. Srijana Sapkota Participated in cardiac conference organized by Shahid Ghalib National Heart Center
- October 20-22, 2016: Ms. Mina Gurung Participated in Infection control certification program organized by Amrita Institute of medical science, Kochi
- October 18-25, 2016: Mr. Shyam Rupakheti was on observation visit of not for profit organization; Amrita Institute of Medical Science Kochi and Mission Madaras Medical mission Chennai
- September 29 and 30, 2016: Dr. Rajesh Maharjan, Dr. Saju Pradhan, Mr. Shyam Rupakheti, Ms. Meena Gurung, Ms. Regina Dhakal, Mr. Ghanashyam Neupane Participated in Hospital Administration Workshop organized by ANGHOS
- August 14-17, 2016: Dr. Mandeep Karki and Ms. Suman B.C. Participated in Emergency Trauma Management-Head Injury, Spinal Injury, Open fracture, Amputation burn injury and roster mechanism and early deployment system jointly organized by National Training Center and Handicapped international
- August 15, 2016: Ms. Goma Thapa Participated in Hand therapy workshop organized by B&B hospital.
- July 17-18, 2017: Ms. Meena Gurung and Mr. Manish Dawadi participated in Emergency Trauma Management-Head Injury, Spinal Injury, Open fracture, Amputation burn injury and roster mechanism and early deployment system jointly organized by National Training Center and Handicapped international
- July 6-7, 2017: Ms. Meena Gurung and Mr. Manish Dawadi participated in Emergency Trauma Management-Head Injury, Spinal Injury, Open fracture, Amputation burn injury and roster mechanism and early deployment system jointly organized by National Training Center and Handicapped international
- June 12, 2016: Ms. Mina Gurung Participated in Emergency Trauma Management-Head Injury, Spinal Injury, Open fracture, Amputation burn injury and roster mechanism and early deployment system jointly organized by National Training Center and Handicapped international
- May 27-28, 2016: Ms. Anita Budhathoki Participated in Primary Trauma Care (PTC) Training organized by Save the children
- April 23, 2016: Mr. Ramesh Sada participated in Hands on workshop on advance technology for splinting and scoliosis management organized by Siddhi Smiriti Pratisthan.
- April 6-8, 2016: Ms. Suman B.C. and Ms. Kalpana Pant Participated in Infection Control Assessment Workshop organized by Siddhi Smiriti Pratisthan
- April 1-10, 2016: Ms. Regina Dhakal join the mission organized by Operation Walk Chicago as a Post Anaesthesia Care Unit (PACU) Nurse on their second humanitarian medical trip to Hanoi, Vietnam
- March 3, 2016: Dr. Saju Pradhan, Dr. Rajiv Shrestha, Mr. Laxman Gyawali participated in 7th Annual rural health workers conference for CME paper on common fracture organized by Nick Simons Institute
- March 2, 2016: Dr. Rachit Sharma, Manish Dawadi, Ms. Meena Gurung, Ms. Anita Gurung participated in Districtwise injury Management training organised by Department of Health Service, leprosy management department



Charity Provided by NOH

ADULT CHARITY STATEMENT FOR THE YEAR 2016

SN	Month	Total Charity Count	Total Amount	Charity Amount
1	January	111	1,646,975.00	278,952.00
2	February	107	2,035,585.00	474,125.00
3	March	143	2,315,515.00	405,615.00
4	April	124	1,748,575.00	421,490.00
5	May	146	1,880,110.00	605,565.00
6	June	127	1,581,240.00	253,017.00
7	July	123	1,980,555.00	433,432.00
8	August	138	2,950,270.00	488,530.00
9	September	104	2,026,380.00	403,097.00
10	October	83	2,037,460.00	213,925.00
11	November	120	1,875,230.00	414,910.00
12	December	119	1,879,510.00	322,023.00
	Total	1,445	23,957,405.00	4,714,681.00

CHILDREN CHARITY STATEMENT FOR THE YEAR 2016

SN	Month	Total Charity Count	Total Amount	Charity Amount
1	January	16	275,550.00	56,425.00
2	February	27	276,985.00	112,865.00
3	March	31	301,555.00	95,080.00
4	April	43	676,660.00	277,910.00
5	May	28	395,710.00	115,065.00
6	June	19	353,205.00	121,480.00
7	July	14	452,400.00	69,070.00
8	August	16	457,295.00	138,200.00
9	September	20	370,010.00	101,497.00
10	October	19	363,550.00	47,780.00
11	November	16	311,075.00	89,625.00
12	December	12	300,690.00	46,337.00
	Total	261	4,534,685.00	1,271,334.00

Charity Profiles

CHARITY PROFILE - 1

NAME : Sundare Sherpa
Age/Sex : 73/M
Address : Sankhuwasabha

I P.No. : I P.No: 16/21
Charity : Rs 64530 out of Rs 94530

BACKGROUND:

Mr. Sundare Sherpa, a 72 yrs old man, comes from Makalu VDC-9, Sankhuwasabha with a fracture of his right leg after he was hit by an ox while walking a month ago. Due to the financial problem, he could not consult the hospital immediately. As he had malunited neglected fracture of distal third femur (thigh), surgical correction was mandatory. Though he could not manage the cost, he was admitted. 2 stages of surgeries were planned. First surgery was open osteoclasis (a surgery to disengage the fracture). Followed by the fixation with distal femoral locking plate after 15 days. During his hospital stay, he was provided 4 meals a day and medicines were made available for free by the hospital.

The entire treatment was carried out under charity. He was full of smiles during discharge.



CHARITY PROFILE - 2

Name : Setu Giri
Age/Sex : 55/M
Address : Sindhupalchowk

I P.No : 16/156
Charity : Rs 45740 (Full Charity)

BACKGROUND:

Mr. Setu Giri, a fifty five yrs old patient lives in Kadambas-4 Sindhupalchowk, sustained injury to his left leg during earthquake and was operated with Illizarov fixator in another medical center, which was removed in NOH 5 months back and Sarmiento cast was applied. He had comminuted fracture of left tibia with implant failure. Thus he was planned for surgery for non-union of tibia and admitted on 2016/2/5. He was operated with a nail. He was recovering satisfactorily, but was observed few more days before sending home.

Abandoned by his family and luck, he kept wandering asking for help. Finally NOH rescued from his misery.



CHARITY PROFILE - 3

Name : Minda Maya Tamang
Age/Sex : 72/F
Address : Sindhupalchowk

I.P.No. : 16/250
Charity : Rs 24565 out of Rs 44565

BACKGROUND:

MsMinda Maya Tamang is a 72 yrs old from Banskharka VDC – 5 of Sindhupalchowk district. As Sindhupalchowk is one of the most earthquake stricken districts. She was buried under the house while she was running out of it. She had broken her leg during that calamity. After the incident, she was rescued and taken to one of the health centers of Kathmandu where she was operated. Later on, she came to our hospital for the further evaluation as she persistently felt unwell. On examination, it was noticed that her fracture had not united. So she was advised for the re-surgery. She was operated with an intramedullary nail. She remained in the hospital for 20 days.

In spite of the hardship, the family and wellwishers managed to collect some amount of money for the treatment. Acknowledging their poverty, the hospital decided to provide the rest as charity.



CHARITY PROFILE - 4

Name : Chanchalya Devi Chaudhary
Age/Sex : 60/F
Address : Rautahat Chandranigahapur-5

I.P.No. : 16/1119
Charity : Rs 23280 out of Rs 48280

BACKGROUND:

Chanchalya Devi Chaudhary, a 60 yrs old lady came from Chandranigahapur-5, Rautahat with a fracture of her left leg, after she fell on the ground while walking. Her financial constraint kept her away from immediate treatment. Her daughter managed some amount of money and finally brought her to Nepal Orthopaedic Hospital. On examination, she had a fracture of neck of left femur (Hip fracture) for which hemiarthroplasty was done. The significant portion of the total amount was supported through the charity fund.



**We wish Nepal Orthopaedic Hospital all the best.
We are proud to be associated with NOH as its business partner.**

New Mahalaxmi Enterprises
Kapan, Kathmandu, Nepal

CHARITY PROFILE - 5

Name : Sanjay Rai
 Age/Sex : 17/M
 Address : Khotang

I.P.No. : 16/532
 Charity : Rs 47270 (full charity)

BACKGROUND:

Master Sanjay Rai, a 17 yrs old, who had sustained a fracture in his right femur after a fall on the ground, while he was carrying a heavy log from the forest. His brother brought him to the hospital. He was diagnosed as supra-condyle fracture of right femur for which surgery with DCS was carried out successfully. He was discharged after almost a month's stay in the hospital,.

His brother not being able to manage the treatment cost, left the patient alone in the hospital and ran away. So the hospital provided him the treatment with good charity.



CHARITY PROFILE - 6

Name : Thuli Maya Badekar
 Age/Sex : 76/F
 Address : Mulpani, Ktm

I.P.No. : 16/205
 Charity : Rs 25790 out of Rs 43790

BACKGROUND:

Ms. Thuli Maya Badekar, a 65 yrs old female fell on the ground when she was returning home, resulting pain and swelling over the left thigh. She was brought to our hospital, the x-ray showed basicervical with sub trochanteric extension fracture of left femur. She was admitted in the hospital. She was kept under traction for 2 weeks prior to surgery. She was discharged after a month.

After meticulous assessment of her financial status, a significant amount of her payment was waived off.



**We wish Nepal Orthopaedic Hospital all the best.
 We are proud to be associated with NOH as its business partner.**

New Sandesh Printers
 Chhetrapati, Kathmandu
 Tel: 01-4258025

CHARITY PROFILE - 7

Name : Gita Shah

I.P.No. : 16/1129

Age/Sex : 35/F

Charity : Rs 33365 out of Rs 77365

Address : Sarlahi

BACKGROUND:

Gita, a thirty five yrs old lady from Sarlahi is a house wife. She has to look after six children as her husband's earning is minimal.

One day when Gita was on the roof top for drying clothes, she suddenly fell down and sustained injury in her back. X-rays were done which revealed wedge compression fracture on the 1st Lumbar vertebra with spinal cord injury (Frankel B). She was advised for the surgery but due to the low socio-economic condition, her husband was not ready to come up with the the financial need. Nevertheless, surgery was planned, posterior instrumentation was done the next day and she was discharged after 15 days. After surgery, her neurological status improved dramatically. During discharge, 43% of the total amount was contributed through the NOH charity fund. Now she is improving and walking on her own.



CHARITY PROFILE - 8

Name : Kopila Giri

I.P.No. : 16/208

Age/Sex : 9/F

Charity : Rs 26200 (Full Charity)

Address : Sindhupalchowk, Dubachour-8

BACKGROUND:

Kopila Giri, comes from Keureni, a village of Dubachour VDC-8, located at Sindhupalchowk. It is one of the the most affected areas during the massive earthquake last year. That quake, which they would never forget, took away her father, the only person who earned for their family. Since then she had to struggle hard for their living.

Kopila is a second grader, who sustained injury of her right forearm in her school ground while playing with friends. She was refered to Nepal Orthopaedic Hospital. X ray revealed both the bones of her right forearm were broken. Surgical intervention was essential to manage her fractured bones her mother was reluctant due to financial constraints. she was assured of charity and finally operated. She was discharged with significant amount waived off as charity.



**We wish Nepal Orthopaedic Hospital all the best.
We are proud to be associated with NOH as its business partner.**

OMS Concern
Sukedhara, Kathmandu
Tel: 9851170750/9841230750

CHARITY PROFILE - 9

Name : Prabal Lamichhane
 Age/Sex : 6/M
 Address : Sindhupalchowk, Badegaun

I.P.No. : 16/50
 Charity : Rs 12520 out of Rs 22520

BACKGROUND:

Prabal presented to our hospital with pain and swelling in his right elbow when he fell on the ground. After examination, he was diagnosed as a supracondyle fracture of right humerus. He was advised for the surgical management, but due to the poor financial condition, the family was not willing to admit him in the hospital. As surgery was mandatory, they were assured of charity. The next day surgery was done by fixing k-wires. After 8 days, he was discharged. A significant charity was given as assured.



CHARITY PROFILE - 10

Name : Praveen Thapa
 Age/Sex : 15/M
 Address : Sindhupalchowk

I.P.No. : 16/1575
 Charity : Rs 36885 out of Rs 39885

BACKGROUND:

Praveen Thapa from Sindhupalchowk, came to the hospital with a painful swollen left wrist following fall on ground while carrying a load of straw on his back. He supports his father to run his household and look after the sick mother and aging grandparents.

He had both bone fracture of left hand and needed surgery, but due to the poor economic status, he refused it. Thus the hospital decided to provide the charity for his treatment. Dynamic compression plate was applied for ulna fracture and Rush nail was inserted for radius fracture. He was discharged after 6 days and a significant amount of charity was provided from his bill of Rs40000.



**We wish Nepal Orthopaedic Hospital all the best.
 We are proud to be associated with NOH as its business partner.**

Osteo Support
 Khusibu, Nayabazar, Kathmandu, Nepal
 Phone: 01-4381469

CHARITY PROFILE - 11

Name : Sunita Tamang

I.P.No. : 16/1221

Age/Sex : 13/F

Charity : Rs 20860 out of Rs 37860

Address : Sindhuli

BACKGROUND:

Sunita, a girl from Sindhuli, had mid shaft tibia with proximal fibula fracture of her left leg. She sustained the injury following a fall on the ground while she was running. She came from a very poor family. Her parents worked as farming labors.

She was admitted for the surgery which was necessary for the management of the fractured bones. She was operated with the narrow dynamic compression plate under open reduction. After a week in hospital, she was discharged when her wound got better. Her total bill amount was almost 38000 but her parents managed to deposit only Rs 17000, the remaining amount was waived as charity to ease their financial burden.



CHARITY PROFILE - 12

Name : Purnika Banjara

I.P.No. : 16/1449

Age/Sex : 10/F

Charity : Rs 14455 out of Rs 23455

Address : Sindhupalchowk

BACKGROUND:

Miss Purnika Banjara came to the hospital with her father, sustaining an injury in her left hand, after she had a fall on the ground.

After confirming both bone fracture of left forearm, she was admitted for the surgery but due to the inability to meet the treatment cost, her requested for the treatment under charity. Considering their financial need, the hospital decided to provide her the treatment in a subsidized rate. The K-wire surgery was carried out successfully and was discharged after 5 days. The due amount was waived off as charity.



**We wish Nepal Orthopaedic Hospital all the best.
We are proud to be associated with NOH as its business partner.**

Prizma General Suppliers
Bagbazzar, Kathmandu, Nepal
Tel: 4253835

CHARITY PROFILE - 13

Name : Mohan Shah
Age/Sex : 7/M
Address : Mahottari

I.P.No. : 16/443
Charity : Rs 28030 out of Rs 38030

BACKGROUND:

Mohan is a child of 7 yrs of age, who came from Mahottari district. He came to the hospital after sustaining injury in his left knee after a fall from a sitting bench 4 days ago. He was diagnosed as a case of septic arthritis of left knee that underwent arthrotomy and was kept under IV antibiotics. After few days, he was again planned for debridement but due to his poor economic status, his parents were reluctant to undergo second surgery. They were finally convinced after assurance that hospital would provide possible charity.

Debridement was done along with regular dressings until he was completely recovered. He was finally discharged after 3 weeks. The overall treatment was provided under significant charity as he was assured before.



CHARITY PROFILE - 14

Name : Sanjay Thing
Age/Sex : 12/M
Address : Chhaimale Ktm, Dakshinkali-15

I.P.No. : 16/212
Charity : Rs 67710 out of Rs 77710

BACKGROUND:

Sanjay Thing (Tamang) is a twelve yrs old child who sustained injury in his right leg some yrs back. He was treated in a local medical center, no previous treatment record was available. Suddenly, he noticed pain in the same site and was treated for the infection, later he was referred to the Nepal Orthopaedic Hospital. He was diagnosed as infected non-union fracture tibia (middle 1/3rd). He was advised for the surgery but due to the economic problem, his mother refused the admission.

Considering the child's future, the hospital decided to provide him the treatment under charity. Surgery was done (fibulotomy with Taylor Spatial Frame was applied). Sanjay was discharged after 54 days. He has been given significant charity from the total bill of 80000 Rs.



**We wish Nepal Orthopaedic Hospital all the best.
We are proud to be associated with NOH as its business partner.**

Rajan Drug House
Jorpati, Kathmandu, Nepal
Tel: 01-4912372

CHARITY PROFILE - 15

Name : Pratima Tamang
Age/Sex : 5/F
Address : Nuwakot

I.P.No. : 16/545
Charity : Rs 10035 out of Rs 22035

BACKGROUND:

Pratima Tamang, a five yrs old child came from the Nuwakot because she sustained injury over her left hand when she fell from stairs. She was diagnosed as supracondyle fracture and was advised for the surgery. But her father was reluctant to admit her because of his poor economic condition.

Considering his condition, the hospital decided to provide her the required treatment under charity and admitted for the surgery. Open reduction and internal fixation with k-wires was done to fix her fracture and was discharged after 6 days. A significant amount was waived as charity.



CHARITY PROFILE - 16

Name : Ramesh B K
Age/Sex : 12/M
Address : Sindhupalchowk

I.P.No. : 16/1589
Charity : Rs 26915 (Full Charity)

BACKGROUND:

Ramesh, a twelve yrs old male child came from Sindhupalchowk when he fractured his right forearm 6 weeks back during Dashain while playing a swing. He was then consulted in the nearest health center where cast was applied. Follow up in the same center after 6 weeks, his fracture was found to be malunited. So he was referred to NOH for correction of the deformity.

After examination, he was advised for the surgery to correct the malunited bones. But because of the poor economic status, his mother was not ready to admit him. After much assurance, the child was admitted for the treatment under complete charity. Open osteoclasis was done and Rush nails was inserted. He was discharged after a week.



**We wish Nepal Orthopaedic Hospital all the best.
We are proud to be associated with NOH as its business partner.**

Shankar Oxygen Gas Pvt. Ltd.
Kathmandu, Nepal

CHARITY PROFILE - 17

Name : Utshav Pariyar

I.P.No. : 16/714

Age/Sex : 7/M

Charity : Rs 11610 out of Rs 18610

Address : Kavre

BACKGROUND:

Utshav Pariyar, a child of 7 yrs old came to the hospital with pain and swelling over his left hand after he had a fallen on the ground while playing in his school. He was diagnosed as supracondyle fracture of humerus. He was planned for the surgery but due to his financial problem, the family refused the surgery. But the operation was compulsory for his fracture management.

He was assured of charity for the required treatment. His operation was performed by fixing k-wires to hold the fracture. Ustav was sent home after 6 days of hospital stay.



CHARITY PROFILE - 18

Name : Dammar Bdr B K

I.P.No. : 16/94

Age/Sex : 52/M

Charity : Rs 54330 (Full Charity)

Address : Sindhupalchowk

BACKGROUND:

Dammar had I/T fracture of right femur which was operated with dynamic hip screw. He was hospitalized for 25 days and then discharged. 52 yrs old Dammar makes end meet by making farming tools. He was under alcoholic influence at the time of injury.

After careful assessment, his economic condition showed that he could not even manage the cost of food during the hospital stay. So the treatment cost including medicines along with the meal for him and his care-taker was managed by the hospital. He was first seen in the free health camp which was organized by NOH at Chautara; a place in Sindhupalchowk district.



We wish Nepal Orthopaedic Hospital all the best.

We are proud to be associated with NOH as its business partner.

Star Surgical Suppliers

Tripureshwor, Kathmandu, Nepal

Phone: 01-4260190

Remember us for: Hospital Furnitures, lab chemicals, Nebulizer, Air Bed,
Wheel Chair, Oxygen Concentrator, other surgical goods etc.

CHARITY PROFILE - 19

NAME : Sukuman Moktan
Age/Sex : 78/M
Address : Kavre

I P.No. : 16/36
Charity : Rs 38380 out of Rs 80380

BACKGROUND:

It was evening when Sukuman Tamang, a 78 yrs old, was returning home with household needs from the market. He suddenly fell down on the ground and could not stand himself due to the severe pain on both the limbs. He was taken to the hospital. X rays revealed both of his legs were fractured. It was very misfortunate that both of his limbs were fractured in the same region (B/L I/T fracture).

Just recovering from the massive earthquake few months back, this was a stressful condition to all the family. So the hospital assured them to provide some charity and he was admitted. The next day, Sukuman was operated; dynamic hip screws were used to hold the fractured sites on both the limbs. 32 days of staying in hospital under medical supervision and proper nursing care made him healthy and was eventually discharged. The total bill of Rs 80380 of which nearly 50% amount was waived as charity.



CHARITY PROFILE - 20

Name : Lupse Tamang
Age/Sex : 60/M
Address : Sindhupalchowk

I P.No. : 16/22
Charity : Rs 30145 out of Rs 62235

BACKGROUND:

Mr Tamang, a sixty yrs old farmer came from the Sindhupalchowk with a fracture of his left leg. He had fallen from a height when he was walking. On examination, both the bones of his left leg were broken. Surgery was the only way to manage the fracture effectively. As an earthquake victim, whose house had collapsed and cattle killed, this unexpected expenditure was beyond his financial capacity.

Thus he rejected to go for the surgical process. As surgery was mandatory, the hospital decided to provide support. He underwent surgery with Taylor Spatial Frame and supervised medical care was given for 15 days. As his wound got healthy, he was discharged. Almost 50% of the total cost was supported from the hospital side.



**We wish Nepal Orthopaedic Hospital all the best.
We are proud to be associated with NOH as its business partner.**

Subhaprabhat Suppliers
Baneshwor, Kathmandu, Nepal

List of Common Surgeries Done in Year 2016

3130 Surgeries were done in 2016

S. No.	Type of Surgery	No. of Surgeries
1	Above Knee Amputation / Below knee amputation	0
2	Bone Patella Bone Reconstructive Surgery for ACL Tear	5
3	Cannulated Cancellous Screws for Neck of Femur / Tibial Plateau Fracture	26
4	Club foot Surgeries	3
5	CRIF/ORIF with K-wires for Inter-Condylar Humerus Fracture/Medial Condyle	24
6	CRIF/ORIF with K-wires for Neck of Humerus Fracture/Shaft of humerus fracture	17
7	DHS for Intertrochanteric Fracture Femur	40
8	DHS for Neck of Femur Fracture	9
9	DHS for Subtrochanteric Fracture Femur	5
10	Diagnostic Knee Arthroscopy	11
11	Disectomy (PIVD)	1
12	Dynamic Compressive Screw for Supra-condylar Fracture Femur	5
13	External Fixator for Open Tibia / Femur/Humerus/Fore Arm Fracture	32
14	Hemiarthroplasty for Neck of Femur	20
15	Illizarov for Open Tibia / Tibial Plateau Fracture	19
16	Implant Removals	580
17	Interlocking Nailing for Humerus Fracture	12
18	Kapandgi Procedures	2
19	Lateral Condylar Fracture Humerus (CRIF/ORIF with K-wires)	31
20	Malleolar Screw / 1/3rd Tubular plating for Bimalleolar Fracture/Trimalleolar fracture	41
21	Malleolar Screw / 1/3rd Tubular plating for Lateral Malleolar Fracture	28
22	Malleolar Screw / 1/3rd Tubular plating for Medial Malleolar Fracture	13
23	Plating for Radius / Ulna / Humerus	129
24	Plating for Tibial / Fibula / Femur fracture	48
25	Tibia Fibula (K-wire)	2
26	Posterior instrumentation with pedicle screws for spinal injury	43
27	Reconstruction Plating for Clavicle Fracture	32
28	Rush Nailing for Radius / Ulna Fracture	76
29	SIGN Nailing For Femur Fracture	24
30	SIGN Nailing for Tibia Fracture	110
31	Supra Condylar Fracture Humerus (CRIF/ORIF with K-wires)	113
32	TBW for Patella / Clavicle / Olecranon Fracture / ACJ Fracture	64
33	Total Hip Replacement	5
34	Close Reduction percutaneous pinning for radius/ulna fracture	214
35	Total Knee Replacement	29
36	Skin Graft	18
37	Kuntchzer nail for femur fracture	1
38	Proximal femoral nail for femur fracture	4
39	locking plates for tibia/fibula/radius/ulna/femur/humerus fracture	24
40	Minimal Invasive Percutaneous Osteosynthesis for distal tibial fracture	9
41	Bankart's procedure for recurrent shoulder dislocation	1
42	Corrective Osteotomy	8
43	BMI	18
44	DA+Menisectomy	1
45	DA+Menisectomy+Bone Patella bone Ligamentoplasty	0
46	Amputation of Phalanges	4
47	Lateral Release + Medial plication for patella	3
48	Miniplate + Herbert screw	13
49	Other	1213
Total		3130

Statistical Record

(1998-2016)

Distribution of Admitted Patients According to District (1998-2016)

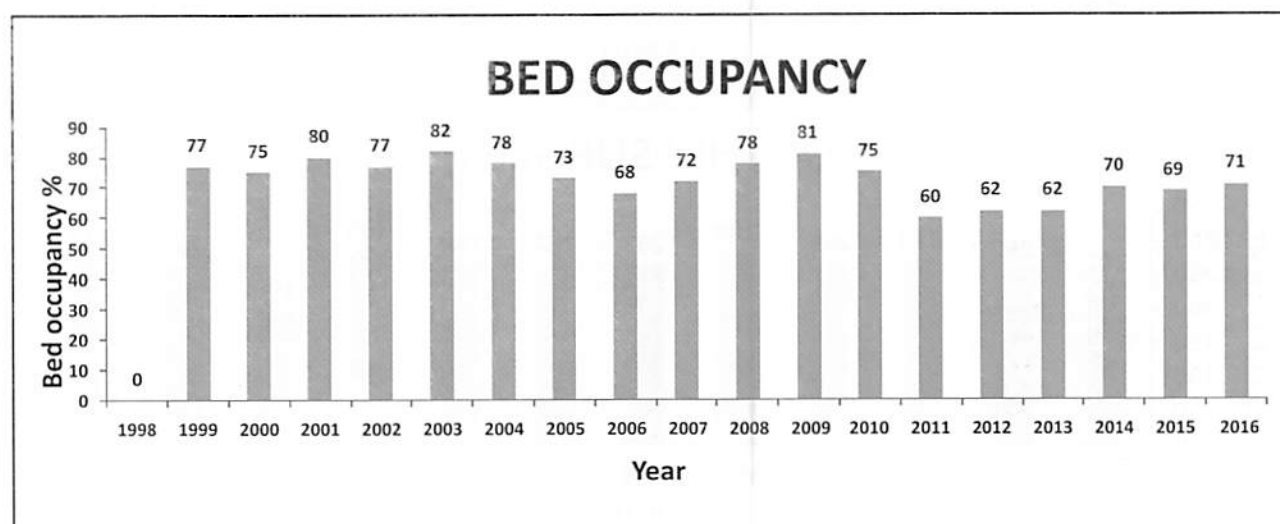
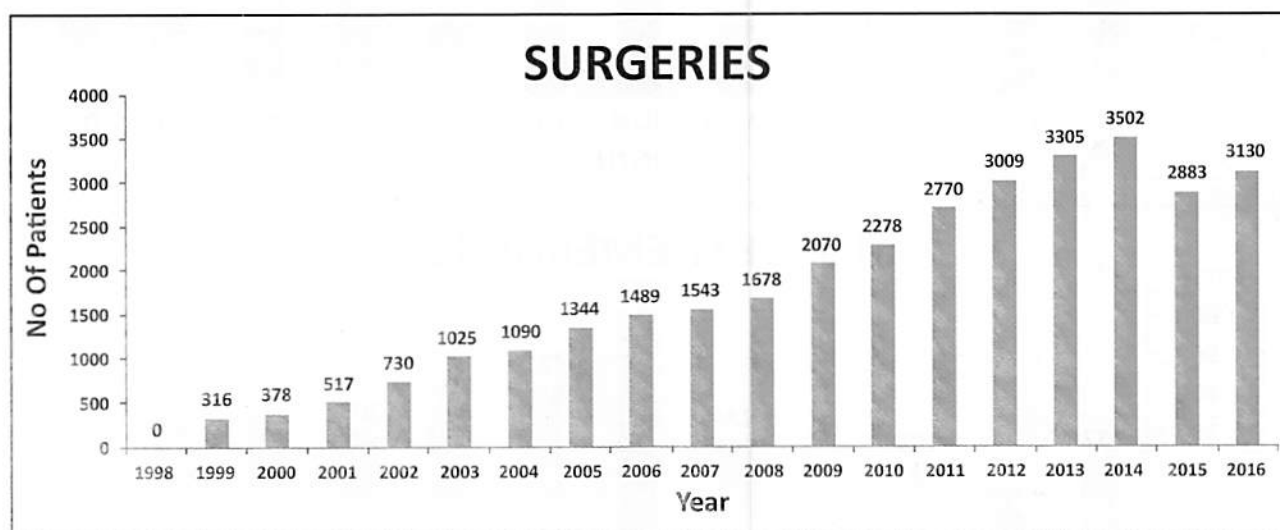
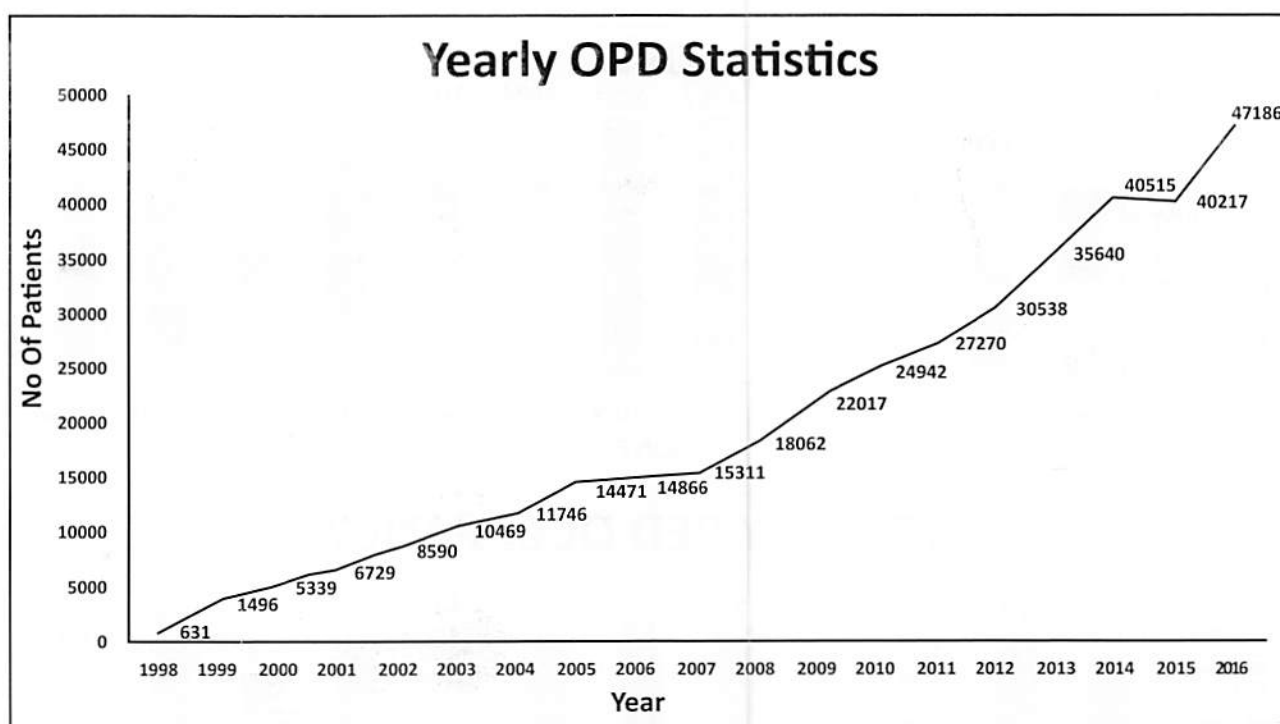
S.NO.	DISTRICT	NO.OF PATIENTS	PERCENTAGE
1	Achham	11	0.05
2	Arghakhanchi	57	0.24
3	Baglung	44	0.18
4	Baitadi	23	0.10
5	Bajhang	21	0.09
6	Bajura	9	0.04
7	Banke	39	0.16
8	Bara	247	1.03
9	Bardiya	38	0.16
10	Bhaktapur	1062	4.41
11	Bhojpur	149	0.62
12	Chitwan	291	1.21
13	Dadeldhura	18	0.07
14	Dailekh	6	0.02
15	Dang Deokhuri	237	0.98
16	Darchula	15	0.06
17	Dhading	961	3.99
18	Dhankuta	43	0.18
19	Dhanusa	102	0.42
20	Dolakha	918	3.82
21	Dolpa	19	0.08
22	Doti	13	0.05
23	Gorkha	332	1.38
24	Gulmi	57	0.24
25	Humla	18	0.07
26	Ilam	54	0.22
27	Jajarkot	14	0.06
28	Jhapa	199	0.83
29	Jumla	16	0.07
30	Kailali	62	0.26
31	Kalikot	59	0.25
32	Kanchanpur	73	0.30
33	Kapilvastu	69	0.29
34	Kaski	108	0.45
35	Kathmandu	7589	31.54
36	Kavrepalanchok	626	2.60
37	Khotang	268	1.11
38	Lalitpur	558	2.32
39	Lamjung	128	0.53
40	Mahottari	113	0.47
41	Makwanpur	740	3.08

S.NO.	DISTRICT	NO.OF PATIENTS	PERCENTAGE
42	Manang	10	0.04
43	Morang	179	0.74
44	Mugu	19	0.08
45	Mustang	11	0.05
46	Myagdi	35	0.15
47	Nawalparasi	224	0.93
48	Nuwakot	1411	5.86
49	Okhaldhunga	426	1.77
50	Palpa	99	0.41
51	Panchthar	14	0.06
52	Parbat	23	0.10
53	Parsa	151	0.63
54	Pyuthan	75	0.31
55	Ramechhap	1010	4.20
56	Rasuwa	212	0.88
57	Rautahat	293	1.22
58	Rolpa	72	0.30
59	Rukum	50	0.21
60	Rupandehi	252	1.05
61	Salyan	26	0.11
62	Sankhuwasabha	111	0.46
63	Saptari	91	0.38
64	Sarlahi	506	2.10
65	Sindhuli	499	2.07
66	Sindhupalchok	1428	5.93
67	Siraha	83	0.34
68	Solukhumbu	456	1.90
69	Sunsari	314	1.31
70	Surkhet	133	0.55
71	Syangja	50	0.21
72	Tanahu	111	0.46
73	Taplejung	28	0.12
74	Terhathum	16	0.07
75	Udayapur	171	0.71
76	Other Countries	66	0.27
Total		24,061	100.00

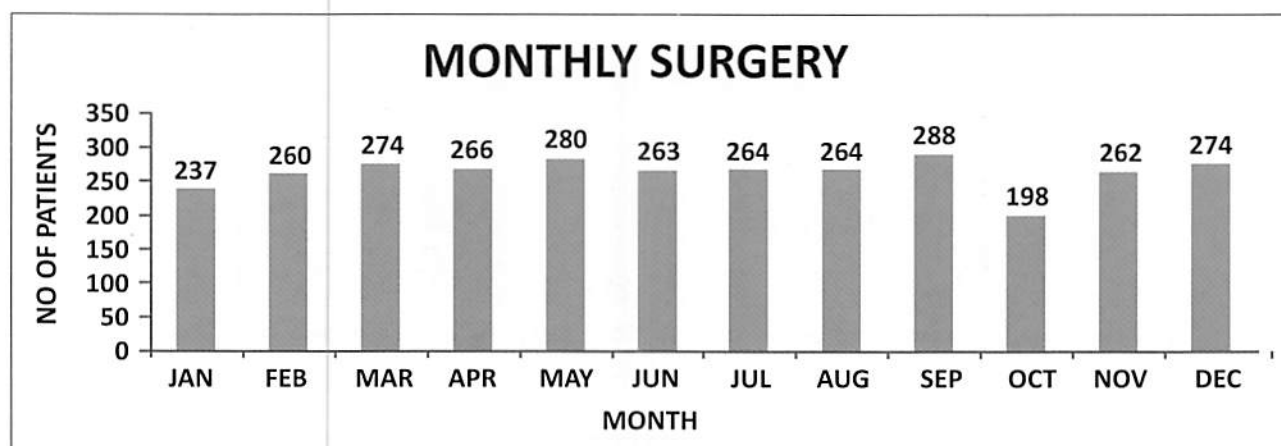
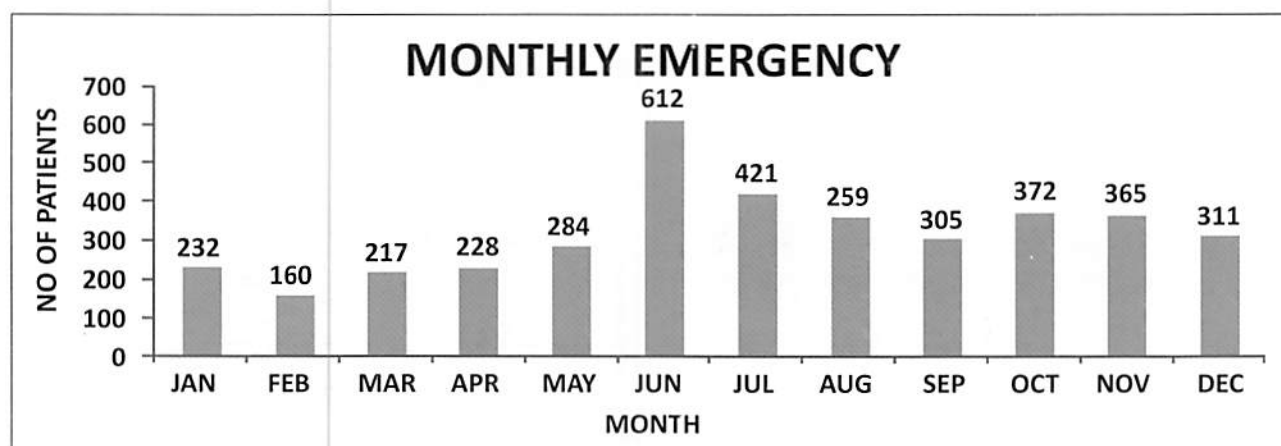
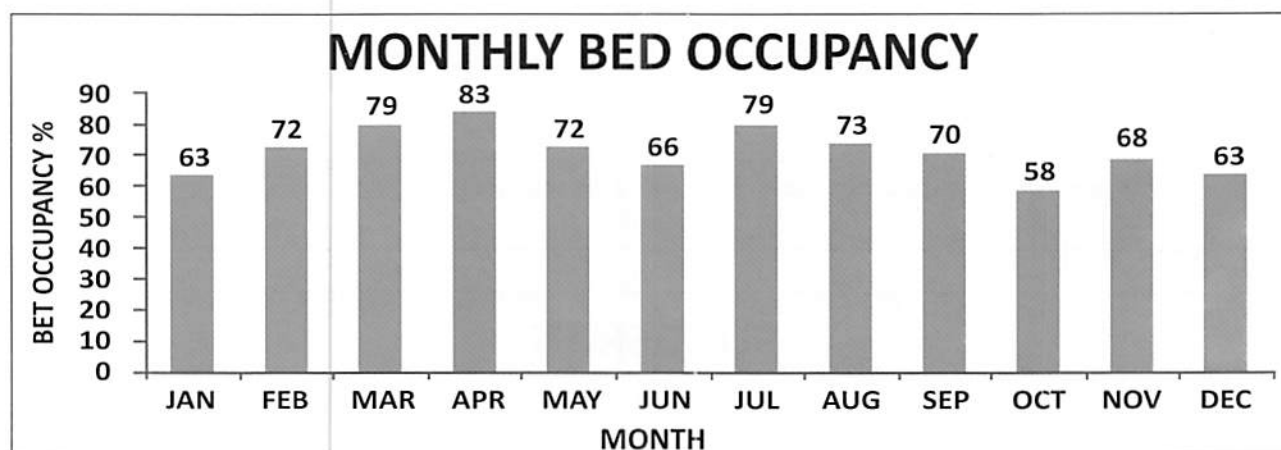
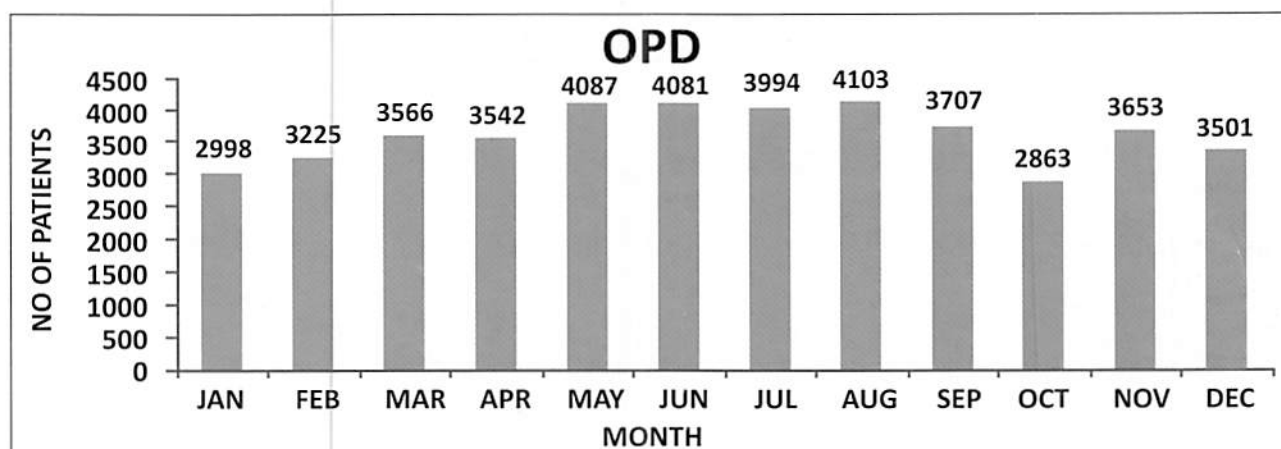
Distribution of Surgical Categories (1998-2016)

S.No.	Categories of Surgery	No. of Patients	Percentage
1	Major	9564	29
2	Intermediate	8306	25
3	Minor	15149	46
Total		33019	100

Statistics from 1998-2016



Statistics For 2016



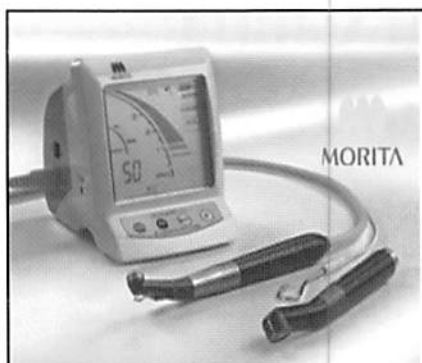
Comparative Financial Chart for the Last 16 Years

Year	Internal & National Income (Rs)	Percentage	International Income (Rs)	Percentage	Total Income (Rs)
1998/1999	1051812.37	34	1988968.63	66	3040781.00
1999/2000	2873869.82	51	2776959.60	49	5650829.42
2000/2001	3867241.50	53	3474681.77	47	7341923.27
2001/2002	6729191.26	77	2036166.25	23	8765357.51
2002/2003	8280143.06	78	2292780.00	22	10572923.06
2003/2004	9951584.55	85	1709673.40	15	11661257.95
2004/2005	15344253.10	91	1471657.75	9	16815910.85
2005/2006	18257284.90	92	1624291.26	8	19881576.16
2006/2007	25106149.65	97	858684.00	3	25964833.65
2007/2008	39925752.82	97	1298958.00	3	41224710.82
2008/2009	56007319.50	97	1932000.00	3	57939319.50
2009/2010	51577784.68	97	1595522.95	3	53173307.63
2010/2011	60725171.06	98	1376474.01	2	62101645.07
2011/2012	67973249.58	97	2462523.72	3	70435773.3
2012/2013	87887290.8	98	1971460	2	89858750.8
2013/2014	92474890.16	96	4102242.34	4	96577132.5
2014/2015	100116714.8	94	24876155.81	6	124992870.6
2015/2016	120288241.03	96	5268156.27	4	125556397.3

Our every print is a work of Art



City Office : Bakhundole, Lalitpur | Tel: (01) 5529210-11 | Production Plant : Tel (01) 5250017-18
Email: sales@jppl.com.np | Web: www.jagadambapress.com



MORITA

J.morita, Japan-Dental Equipment/Instrument

RIESTER GERMANY

- Complete Diagnostic Instrument
- Tourniquet System

DIMEDA, GERMANY

- Power Instrument (Battery & Pneumatic)
- Electric Plaster Cutter
- All Type of Surgical Instrument

OK METER 
Blood Glucose monitor



- Blood Bank Equipment and Diagnostic Kits
- Physiotherapy Equipment
- O.R. Equipment & Furniture
- O.T. Light & O.T. Table
- X-Ray System (C-Arm, DR)
- Anesthesia System
- ICU Ventilator
- Defibrillator & Patient Monitor
- ECG Machine & Pulse Oxymeter
- Tourniquet System (Electric & Manual)
- Hospital Furniture

MANMAN

- BCDR System
- Craniotome & Perforator
- 3-Pin Head Rest & Horse Shoe
- Mini Saw & Burrs system
- Sternum Saw
- Plaster Cutter




UMA SURGICALS
An ISO 9001:2008 & ISO 13485:2003 Certified Company

Lock-in (ALT) Range of Implants













And many more...

- Distal Femoral Lock-in Plates
- Lateral Tibial Lock-in Plates
- Distal Tibial Lock-in Plates
- DHS Lock-in Plates
- Proximal Humerus Lock-in Plates
- Clavicle Lock-in Plates
- Distal Humerus Lock-in Plates
- Olecranon Lock-in Plates
- Distal Radius Lock-in Plates
- Straight Lock-in Plates
- Reconstruction & 1/3 rd Tarsal Lock-in Plates
- Open wedge Osteotomy plate

Serving with Excellence,
Perseverance, Honesty and
Sincerity Since 1980...

FDA - India Approved



 PETCRYL 910 <small>POLYLACTIN 910</small>	 PETCRYL <small>POLYGLYCOLIC ACID</small>
 LINEX <small>MONOFILAMENT POLYAMIDE</small>	 PROGUT <small>CATGUT CHROMIC</small>
 SUTURA <small>BLACK BRAIDED SILK</small>	 DURACARE <small>MONOFILAMENT POLYPROPYLENE</small>

ADLER MEDIEQUIP

- Adler Complete Spine System (Titanium)
- All type of Trauma Implants
- Complete Orthopedic Instrument and Sets



BMS
Physiotherapy Equipments

- Designed for optimal performance

DIGI SOUND - DUAL



70 Pre Programmed Condition wise
Separate Transducer for 1Mhz & 3 Mhz

**COMBO-IFT + MST + TENS +
RUSSION CURRENT**

FURUNO

CM-200

Ultrasound Bone Densitometer



New Products:

- * Zim-Med Battery Powered Cannulated Drill
- * Zim-Med Battery Powered Saw
- * Pneumatic Tourniquet (Electric)

For trade Inquiry, please contact:

Mediaids (Nuraz) Pvt. Ltd.

No. 108, Ground Floor, JDA Complex, Bagdurbar, P.O. Box : 21896, Kathmandu, Nepal
E-mail : mediaids@gmail.com, Tel: 4251922, 4265245, Fax: +977-01-4218379



**NEPAL DISABLED ASSOCIATION
NEPAL ORTHOPAEDIC HOSPITAL**
Jorpati, Kathmandu, Nepal
Income & Expenditure Statement
For the year Ended 31 Ashad 2073 (15 July 2016)


Particulars	Schedule	Current Year Amount in NRs.	Previous Year Amount in NRs.
Income			
Hospital Income	10	96,022,897.81	92,155,532.45
Other Income	11	7,948,946.19	5,422,043.85
Fund Received For Charity	12	18,751,107.80	24,219,055.81
Interest on Investments and Bank Deposits	13	2,833,145.78	2,196,238.53
Exchange Gain		299.71	-
Gain on sale of assets		-	22,086.03
Total		125,556,397.29	124,014,956.67
Expenditure			
Salary & Allowance	14	69,586,709.97	58,572,416.31
Hospital Supplies & Expenses	15	23,504,022.81	24,325,402.14
Administration Expenses	16	6,180,834.97	4,886,219.38
Repair & Renewal	17	4,362,216.82	2,721,623.05
Charity Expenses		5,363,370.00	4,894,647.00
Commissioning Expenses		45,655.00	11,020.00
Contribution expensed		456,140.00	488,000.00
Depreciation	1	6,789,574.01	6,926,361.28
Camp Expenses		6,678,547.56	3,298,538.82
Earthquake expenses		839,386.25	23,683,341.46
Exchange Loss		-	150,257.76
Total		123,806,457.39	129,957,827.20
Excess Of Income Over Expenditure		1,749,939.90	(5,942,870.53)
Surplus Transfer To Capital Fund		1,749,939.90	(5,942,870.53)


Significant Accounting Policies & Notes on Account

18

As per our attached report of even date


Mr. Satoj Satyal
Account Officer


Dr. Rajesh Maharjan
Medical Director


Mr. Mohan Maharjan
Chairman


C.A. Dil Man Sing Chand
For Chand & Associates
Chartered Accountants

Date: 09/11/2016
Place: Kathmandu

NEPAL ORTHOPAEDIC HOSPITAL

Jorpati, Kathmandu, Nepal

Balance Sheet


As at 31 Ashad 2073 (15 July 2016)


Assets	Schedule	Current Year Amount in NRs.	Previous Year Amount in NRs.
Non Current Assets:			
Fixed Assets	1	88,012,196.79	73,061,811.51
Investment	2	43,000,000.00	35,987,501.30
Current Assets:			
Closing Stock	3	5,104,585.32	5,021,470.28
Sundry Debtors and Advance	4	853,152.33	1,449,151.13
Deposits	5	109,000.00	64,000.00
Cash and Bank Balance	6	25,801,247.98	21,757,793.39
Total Assets		162,880,182.42	137,341,727.61
Capital & Liabilities			
Capital And Reserves :			
Hospital Capital & Other Fund	7	115,478,491.20	91,897,590.96
Non Current Liabilities:			
Staff Gratuity Fund		25,857,511.67	23,993,486.25
Staff Medical Fund		1,150,200.00	1,077,500.00
Home leave & Sick Leave Payable Fund		5,280,369.00	5,301,076.00
Current Liabilities :			
Sundry Creditors	8	8,880,859.55	12,812,930.25
Inpatient Deposit		2,133,000.00	1,250,500.00
Provisions	9	4,099,751.00	1,008,644.15
Total Capital & Liabilities		162,880,182.42	137,341,727.61

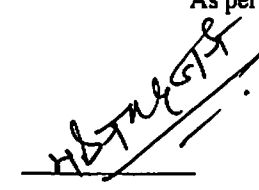
Significant Accounting Policies & Notes on Account

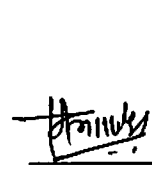
18

As per our attached report of even date


Mr. Saroj Satyal
Account Officer


Dr. Rajesh Maharjan
Medical Director


Mr. Mohan Maharjan
Chairman


C.A. Dil Man Singh Chand
For Chand & Associates
Chartered Accountants

Date: 09/11/2016
Place: Kathmandu



**NEPAL DISABLED ASSOCIATION
NEPAL ORTHOPAEDIC HOSPITAL**

Jorpati, Kathmandu, Nepal

Cash Flow Statement


For the year Ended 31 Ashad 2073 (15 July 2016)


Particulars	Current Year Amount in NRs.	Previous Year Amount in NRs.
A. Cash flows from operating Activities		
Net Surplus before extraordinary item	1,749,939.90	(5,942,870.53)
Adjustment for:		
1. Depreciation & Amortization	6,789,574.01	6,926,361.28
2. Interest received	(2,833,145.78)	(2,196,238.53)
3. Loss (Gain) on sales of fixed assets	-	(22,086.03)
Operating profit before working capital changes	5,706,368.13	(1,234,833.81)
1. Decrease (Increase) in Inventories	(83,115.04)	1,134,628.64
2. Decrease (Increase) in Accounts Receivable	595,998.80	570,555.04
3. Decrease (Increase) in Deposit	(45,000.00)	-
4. Increase (Decrease) in Current Liabilities	41,536.15	4,319,934.84
5. Increase (Decrease) in Medical & Gratuity Liabilities	1,916,018.42	6,398,398.01
Cash generated from operation	8,131,806.46	11,188,682.72
Interest Paid		
Net cash flow from operating activities	8,131,806.46	11,188,682.72
B. Cash flows from investing activities		
1. Interest received	2,833,145.78	2,196,238.53
2. (Purchase) of fixed assets	(21,739,959.29)	(5,848,386.90)
2. Sale of fixed assets	-	35,599.00
3. Decrease (Increase) in Investment	(7,012,498.70)	(6,987,501.30)
Net Cash used in investing activities	(25,919,312.21)	(10,604,050.67)
C. Cash flows from financing activities		
1. Increase (Decrease) in Capital & Other Funds	-	-
2. Increase (Decrease) in Building Construction Fund	21,830,960.34	4,642,998.96
Net cash flow from financing activities	21,830,960.34	4,642,998.96
Net increase (Decrease) in cash and bank (A+B+C)	4,043,454.59	5,227,631.01
Cash and bank balance at the beginning of the year	21,757,793.39	16,530,162.38
Cash and bank balance at the end of the year	25,801,247.98	21,757,793.39

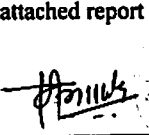
0.00

As per our attached report of even date


Mr. Saroj Satyal
Account Officer


Dr. Rajesh Maharjan
Medical Director


Mr. Mohan Maharjan
Chairman


C.A. Dil Man Sing Chand
For Chand & Associates
Chartered Accountants

Date: 09/11/2016
Place: Kathmandu



DO YOU WANT TO SUPPORT NEPAL ORTHOPAEDIC HOSPITAL ???

The hospital humbly requests individuals and organizations to consider donation to the hospital, so that more service and more charity can be provided to the needy.

Please contact hospital administration directly by
e-mail or phone or correspondence.

If you want to help the hospital or support the patients for their treatment,
please correspond to the following address as:

Dear Medical Director / Administrator:

NEPAL ORTHOPAEDIC HOSPITAL

KHAGENDRA NEW LIFE CENTRE

Jorpati-04, Kathmandu, Nepal.

Phone: 00977-1-4911725, 4911274, 4910505, Fax: 00977-1-4911467

E-mail: neporth@mos.com.np, Website: www.noh.org.np

We wish Nepal Orthopaedic Hospital all the best.
We are proud to be associated with NOH as its business partner.

Tri-Dev Pharmaceuticals

Bhotebahal, Kathmandu, Nepal

Tel: 01-4242986

We wish Nepal Orthopaedic Hospital all the best.
We are proud to be associated with NOH as its business partner.

Web Trading Concern

Tripureshwor, Kathmandu, Nepal

Tel: 01-4219205, 4262654



STRONG. STABLE. DEPENDABLE.
TOGETHER AHEAD

The foundation of our relationship reflects on our strength, stability and dependability. And our endeavor is to ensure an enduring relationship - the one that moves **Together Ahead!**

SERVING THE NATION SINCE 1986

NABIL BANK®

TOGETHER AHEAD

www.nabilbank.com

**WE ARE PROUD TO BE ASSOCIATED WITH
NEPAL ORTHOPAEDIC HOSPITAL**

**Tranquility in our customer is because of our
dependable after sales service and
quality products.**

Remember us for all Laboratory Reagents and accessories

PRATISTHA SUPPLIERS POINT

Chabahil, Kathmandu

Tel: 01-5178069, 9851116195

Konica Minolta CR System

More than 150 Installation

in Nepal

- Bir Hospital (Aero DR System)
- Norvic Int Hospital (Aero DR System)
- TU Teaching Hospital
- Nepal APF Hospital
- Sahid gangalal National Heart Center
- Chitwan Medical College & Teaching Hospital
- Sukraraj Tropical and Infectious Disease Hospital
- Nepal Orthopedic Hospital
- HRDC Hospital
- Alka 1 Hospital
- Alka 2 Hospital
- Lumbini Medical College And Research center
- Patan Hospital
- Kathmandu Hospital
- B&B Hospital
- Helping Hands Community Hospital
- Lumbini Hospital
- BP Koirala Institute Of Health Science(Dharan)
- Crimson Hospital
- Venus Hospital
- Gandaki Medical College (CHARAK) Teaching Hospital
- Hams Hospital
- BharatPur Medical College
- Razam Medical Center
- Greencross Hospital
- Golden Hospital
- Global Hospital
- Sumeru Hospital
- Shiva Jyoti Hospital
- Navajeevan Hospital (Dhangadi)
- Lumbini City Hospital
- NATA Hospital
- Madhyapur Hospital
- AND MANY MORE



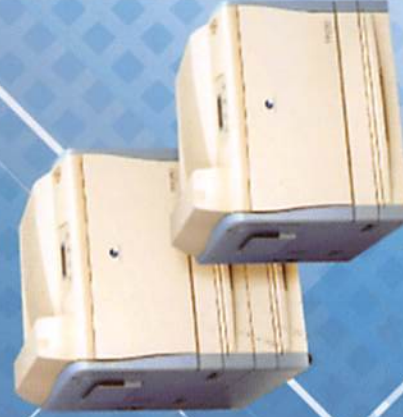
REGIUS SIGMA



DRYPRO SIGMA



AERO DR



DRYPRO 832



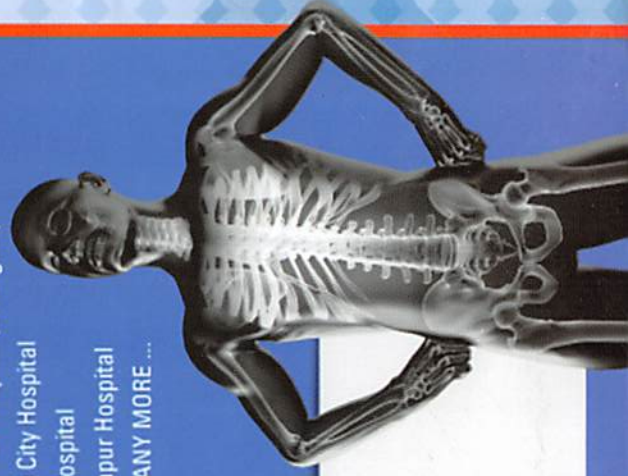
DRYPRO 873



REGIUS 110



REGIUS 210



KONICA MINOLTA

FAIR TRADE PVT. LTD.

Fair Trade Image Lab Bldg., 6/78 Dharmapath

P.O.Box : 1800, Kathmandu, Nepal

Tel. : +977-1-4227148, 4224603, 4252233

Fax : +977-1-4225839

E-mail : pgoenka@fairtrade.wlink.com.np